

# Patient Praises Resurgence Behavioral Health's Behavioral Health Treatment in California

*May 22, 2024*

Costa Mesa, California - May 22, 2024 - PRESSADVANTAGE -

Costa Mesa, California ? Resurgence Behavioral Health is a premier provider of addiction and mental health treatment services dedicated to offering a comprehensive and holistic approach to recovery. With a mission to transform lives, Resurgence Behavioral Health combines evidence-based therapies with compassionate care to support people's journey to lasting wellness.

Resurgence Behavioral Health's experts understand that each person's path to recovery is unique. A multidisciplinary team of experienced professionals works collaboratively to develop personalized treatment plans tailored to each client's specific needs. Comprehensive programs address the physical, emotional, and spiritual aspects of addiction and mental health disorders, ensuring a well-rounded and effective approach to healing.

Resurgence's wide range of services includes medically supervised detoxification, residential treatment, partial hospitalization programs (PHP), intensive outpatient programs (IOP), and aftercare support. By offering various levels of care, Resurgence can ensure a seamless transition through each stage of recovery, providing clients with the tools and support they need to achieve and maintain sobriety.

Resurgence Behavioral Health is proud to offer an array of holistic therapies designed to complement traditional treatment methods. These include yoga, meditation, massage therapy, nutritional counseling, dream analysis, and more. State-of-the-art facilities feature luxurious amenities, such as a pool with a waterfall, a hot tub, and serene outdoor spaces, making the tranquil environment conducive to healing and self-discovery.

"We are committed to providing a nurturing and supportive environment where individuals can address the underlying causes of their addiction and mental health issues," said Josh Chandler, spokesperson for Resurgence Behavioral Health. "Our holistic approach to treatment empowers patients to build a strong foundation for lasting recovery and a healthier, more fulfilling life."

Resurgence Behavioral Health's dedication to excellence is reflected in its highly trained staff, passionate about helping patients achieve their recovery goals. The team stays at the forefront of addiction and mental health treatment advancements through ongoing education and training, ensuring the highest quality patient care.

Resurgence Behavioral Health frequently receives strong testimonials from former patients, including Nate, who completed treatment at the Costa Mesa facility. Nate's review highlighted the exceptional care and comprehensive services provided at the facility, reaffirming Resurgence's commitment to transforming lives.

Nate's review of Resurgence Behavioral Health reads: "Great facility with even better staff! It literally changed my life! They really care about the clients! Offered everything from yoga to massages to dream analysis and even a dietitian! It's really was the best place I could have asked for! Did I mention a pool with waterfall and hot tub? Really have zero bad things to say about Resurgence! I wish I could have stayed.... thanks for saving my life Resurgence!"

Resurgence Behavioral Health strives to create a nurturing and supportive environment that addresses each patient's needs. A holistic approach to treatment includes a wide range of therapeutic services designed to promote healing and recovery, such as yoga, massage therapy, dream analysis, nutritional counseling, and more.

"We are deeply grateful to Nate for sharing his positive experience with us," said Josh Chandler. "Our dedicated team works tirelessly to provide compassionate care and comprehensive support to our patients. Nate's success story is a testament to the effectiveness of our holistic treatment approach and the dedication of our staff."

Resurgence Behavioral Health is committed to offering personalized and evidence-based treatment programs that address the physical, emotional, and spiritual aspects of addiction and mental health disorders. They aim to empower patients to achieve lasting recovery and lead fulfilling lives.

For more information about Resurgence Behavioral Health and treatment programs, please visit [ResurgenceBehavioralHealth.com](https://ResurgenceBehavioralHealth.com).

<https://www.youtube.com/watch?app=desktop&v=LXjUr3nhLCo>

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For more information about Resurgence Behavioral Health, contact the company here: [Resurgence Behavioral HealthDavid Rofofsky+19498996003info@resurgencebehavioralhealth.com](mailto:ResurgenceBehavioralHealthDavidRofofsky+19498996003info@resurgencebehavioralhealth.com)

## **Resurgence Behavioral Health**

*We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.*

Website: <https://resurgencebehavioralhealth.com/california/costa-mesa/>

Email: [info@resurgencebehavioralhealth.com](mailto:info@resurgencebehavioralhealth.com)

Phone: +19498996003