

Minnesota Couples Counseling Practice Hires Marriage and Family Therapy Intern

May 31, 2024

Plymouth, Minnesota - May 31, 2024 -
Evolve Therapy, a pioneer in relationship counseling and Emotionally Focused Therapy (EFT), is proud to announce the addition of Lisa Schwartz to its team as a Marriage and Family Therapy Intern. This move is part of Evolve Therapy's ongoing commitment to enhancing its comprehensive counseling services and supporting individuals and couples through their relationship challenges.

Lisa Schwartz is currently completing her Master of Science in Marriage and Family Therapy from the University of Wisconsin?Stout. With a diverse background that bridges creative design and psychotherapy, Lisa brings a unique perspective to her clinical practice. Her prior career in design has endowed her with a deep understanding of complex systems and dynamics, which she adeptly applies to her therapeutic approach, particularly in navigating and resolving intricate interpersonal issues.

Lisa?s expertise in Emotionally Focused Therapy enhances Evolve Therapy?s ability to address a wide range of relationship issues, from communication breakdowns to deep-seated emotional wounds. Her

innovative approach integrates her artistic sensibilities with her clinical skills, fostering an environment where clients can explore and transform their relational patterns and emotional challenges. Lisa specializes in managing transitions, resolving conflicts, and supporting trauma recovery, crucial areas that complement and enrich the therapy services offered at Evolve.

?My approach to couples counseling is deeply rooted in the belief that every relationship has a unique story that can be redirected towards healing and growth," said Lisa Schwartz. "By focusing on the underlying emotions and dynamics, I help couples not only to navigate their challenges but also to rediscover joy and intimacy in their relationships.?

?We are excited to welcome Lisa Schwartz to our team," remarked Renee Segal, owner of Evolve Therapy. "Her unique blend of creativity and therapeutic expertise aligns perfectly with our mission to restore and enhance relationships. Lisa?s addition is a significant step in our commitment to providing our clients with innovative and effective therapeutic support.?

Lisa is now accepting new clients and looks forward to making a profound impact in her role at Evolve Therapy.

Evolve Therapy stands at the forefront of providing breakthrough therapeutic interventions in Minnesota. The clinic is renowned for its commitment to helping couples achieve transformative results through Emotionally Focused Therapy. By focusing on the core emotions that drive behavior, Evolve Therapy?s clinicians are able to guide couples towards deeper connections and more resilient relationships. The clinic?s emphasis on fostering secure emotional bonds helps couples move past their difficulties and build a more harmonious and fulfilling relationship.

In addition to offering premier relationship counseling, Evolve Therapy is dedicated to ongoing professional development and the integration of the latest research and methodologies in psychotherapy. The clinic?s therapists regularly engage in advanced training and collaborative learning to ensure that they are providing the most effective and cutting-edge therapeutic services available. This dedication to excellence underscores Evolve Therapy?s mission to empower couples and individuals to achieve lasting personal growth and relational satisfaction.

For more information about Lisa Schwartz and the services offered at Evolve Therapy, or to schedule an appointment, please visit Evolve Therapy's website or call 763-200-8900.

Evolve Therapy is committed to empowering relationships and promoting personal growth through

specialized Emotionally Focused Therapy. The clinic serves a diverse clientele, striving for excellence in therapy that fosters significant emotional connections among individuals and couples. Evolve?s therapists are dedicated to creating a supportive, inclusive environment tailored to the unique needs of every client.

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For more information about Evolve Therapy, contact the company here:Evolve TherapyRenee Segal763-200-8900info@evolvetherapymn.com9800 Shelard Parkway Suite 115Plymouth, MN 55441

Evolve Therapy

Evolve Therapy is a couples counseling practice in Plymouth, MN, serving the Twin Cities in person and online. Specializing in Emotionally Focused Therapy, Evolve offers couples counseling, affair recovery, premarital counseling and individual therapy.

Website: https://www.evolvetherapymn.com/

Email: info@evolvetherapymn.com

Phone: 763-200-8900