



## **Modern Vision Solutions Presents Advanced Treatments for Childhood Nearsightedness**

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Modern Vision Solutions, a leader in innovative vision care, is committed to improving the vision in the youth of Omaha and the surrounding area, not only in treatment but also by keeping up to date in current research into potential causes or preventative measures. As research continues to uncover the links between physical characteristics and the risk of developing myopia (nearsightedness), Modern Vision Solutions (MVS) is committed to providing leading-edge treatments designed to manage and reduce the progression of this condition, ensuring optimal eye health for children.

Nearsightedness, where close objects are seen clearly, but distant objects appear blurry, has become an increasingly common concern worldwide. Recent studies indicate that a child's height and weight may significantly influence the likelihood of developing myopia. Understanding these associations is crucial for developing effective prevention and management strategies.

Modern Vision Solutions offers a comprehensive approach to treating childhood nearsightedness, focusing on personalized care that addresses each child's unique needs. MVS recently released an article discussing their offered treatment options and how they interact with the link between myopia and children's height and

weight. The article, titled "Is Nearsightedness in Children Related to their Height and Weight," can be found on their website here: <https://www.mvsvision.com/myopia/is-nearsightedness-in-children-related-to-their-height-and-weight/>

One of the most promising treatments available at Modern Vision Solutions is the use of atropine eye drops. These drops have been shown to significantly slow the progression of nearsightedness in children. Atropine works by dilating the pupils and temporarily paralyzing the eye muscles responsible for focusing, reducing eye strain and managing the elongation of the eye that causes myopia. Modern Vision Solutions provides customized low-dose atropine treatments, ensuring both safety and efficacy for each child.

In addition to atropine eye drops, Modern Vision Solutions offers multi-focus contact lenses as an effective solution for managing childhood myopia. These lenses feature multiple zones of focus, helping to reduce eye strain and slow down the progression of nearsightedness. Modern Vision Solution doctors carefully fit children with multi-focus lenses, providing personalized care to ensure optimal vision correction and comfort.

Orthokeratology, commonly known as Ortho-K lenses, is another advanced treatment option available at Modern Vision Solutions. These overnight contact lenses gently reshape the cornea while the child sleeps, temporarily correcting nearsightedness. This allows children to enjoy clear vision during the day without the need for glasses or contact lenses. Ortho-K lenses offer a non-surgical, effective way to manage myopia and improve a child's quality of life. Modern Vision Solutions' expert team provides thorough fitting and ongoing monitoring to ensure the best outcomes for each patient.

Taking into consideration the new research revealing the potential connection between height, weight, and nearsightedness underscores the need for regular eye examinations and proactive lifestyle choices. Encouraging outdoor activities and limiting screen time are crucial steps in maintaining eye health and potentially reducing the risk of myopia. Modern Vision Solutions' specialists work closely with parents to provide guidance on healthy habits that support overall eye health and complement treatment protocols.

Modern Vision Solutions is dedicated to staying at the forefront of vision care by continuously researching and integrating the latest advancements in myopia management. Their mission is to provide effective, evidence-based treatments that improve the quality of life for children with nearsightedness. By focusing on innovative solutions and personalized care, we strive to make a lasting impact on children's eye health.

Parents and healthcare providers are invited to learn more about Modern Vision Solutions' comprehensive range of myopia management services. For more information or to schedule an appointment, please visit the website at [www.mvsvision.com](http://www.mvsvision.com) or contact the team at (833) 586-2020.

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## **Modern Vision Solutions - Omaha**

*Experience a revolution in eye care with comprehensive eye exams, eyeglasses, and contact lenses in Omaha, NE.*

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