Arrowhead Clinic Explains What to Do for Whiplash: Expert Advice for Quick Recovery

June 24, 2024

ATLANTA, GA - June 24, 2024 -
Arrowhead Clinic has just released a new blog post titled "Arrowhead Clinic Explains What to Do for Whiplash," offering guidance on managing whiplash injuries. With over 40 years of experience treating musculoskeletal injuries, they have seen a significant number of whiplash cases, especially those caused by car accidents.

Whiplash is a common injury that affects the neck and can lead to chronic pain if not treated quickly and properly. Dr. Summer Turner, a spokesperson for the clinic, says, "Our main priority is to ensure that patients get the proper diagnosis and treatment as soon as possible to prevent long-term complications. Immediate medical attention is crucial after an incident causing whiplash."

The blog post explains that whiplash injuries often happen during rear-end car crashes but can also result from sports activities and physical abuse. Symptoms include neck pain, stiff neck muscles, fatigue, sleep problems, loss of range of motion in the neck, headaches, irritability, trouble concentrating, jaw pain, memory issues, dizziness, shoulder pain, blurred vision, ringing in the ears, pain in the upper back, and depression.

Arrowhead Clinic advises people involved in car accidents to seek medical treatment, even if they do not feel pain right away. Documenting the injury for insurance purposes and getting legal advice, especially when another driver is at fault, is also recommended. "It's essential that victims of car accidents do not underestimate their injuries initially. Medical issues, particularly those involving soft tissues, may not be evident right away," adds Dr. Turner.

The clinic's chiropractors stress the importance of chiropractic treatment and soft tissue rehabilitation after a whiplash injury. Techniques like spinal adjustments can help alleviate pain by realigning the spine and restoring proper motion.

For those dealing with a whiplash injury, Arrowhead Clinic offers various treatments tailored to individual needs. They conduct thorough evaluations to create personalized treatment plans. These plans may include teaching proper posture, giving chiropractic adjustments, using muscle relaxation techniques, and performing therapeutic neck stretches and exercises.

"Proper care for whiplash injuries includes a combination of medical evaluations, chiropractic care, and guided exercises to restore the patient?s health fully," notes Dr. Turner. "Our experienced team at Arrowhead Clinic works hard to provide comprehensive care that addresses both immediate symptoms and long-term health."

The chiropractic care process for whiplash at the clinic starts with a thorough physical exam to assess the injury. Diagnosis may include tests of soft tissues and spinal structures, X-rays, reflex testing, cranial nerve exams, motor skill tests, motion palpation, and compression testing.

Arrowhead Clinic understands that whiplash symptoms can be varied and may not appear immediately after an injury, so early diagnosis is key for effective treatment. As a trusted Whiplash Injury Chiropractor, the clinic is committed to helping patients fully recover from their injuries.

The clinic?s Atlanta Chiropractor services are well-known for treating a wide range of musculoskeletal injuries from auto accidents, general back pain, sports injuries, and work-related incidents. They provide non-invasive treatment plans and personalized care, ensuring that patients receive the best possible outcome for their injuries.

In conclusion, Arrowhead Clinic continues to emphasize the importance of quick medical attention and comprehensive, personalized care for those with whiplash injuries. Their blog post serves as a valuable resource for accident victims, offering them guidance on immediate steps to take and understanding the role of chiropractic care in recovery.

For more information on whiplash injuries and available treatments, Arrowhead Clinic invites individuals to take advantage of their free chiropractic consultation. Detailed services and contact information can be found on their website at Arrowhead Clinic. To find out more about How Arrowhead Clinics Can Help, visit their services page. For specific details about Arrowhead Clinic's approach to treating whiplash injuries, follow the link to Whiplash Injury Chiropractor or explore their team and services at Atlanta Chiropractor.

###

For more information about Arrowhead Clinic Chiropractor Atlanta, contact the company here:Arrowhead Clinic Chiropractor AtlantaDr. Clifton Weldon, DC(770) 637-0564info@arrowheadclinics.com3695 Cascade Rd, Atlanta, GA 30331

Arrowhead Clinic Chiropractor Atlanta

At Arrowhead Clinic in Atlanta, our Cascade Rd location specializes in treating personal injuries for 48 years and is a leader in the field. By utilizing chiropractic and Medical Doctors, we are able to treat your injuries with care and precision.

Website: https://www.arrowheadclinic.com/chiropractor/georgia/atlanta

Email: info@arrowheadclinics.com

Phone: (770) 637-0564