



Art & Science Family Dentistry Raises Awareness About Oral Cancer in New Blog Post

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WOODBURY, MN - Art & Science Family Dentistry, a trusted dental practice in Woodbury, Minnesota, has published a new informative blog post titled "The Silent Threat: Understanding Oral Cancer and the Power of Early Detection." The post aims to educate patients about the seriousness of oral cancer and the importance of regular screenings for early detection and improved treatment outcomes.

According to the American Cancer Society, approximately 58,450 new cases of oral cavity and oropharyngeal cancer will be diagnosed in the United States in 2024, with an estimated 12,230 deaths resulting from these cancers. Despite advancements in cancer treatment, the five-year survival rate for oral cancer remains around 40%, primarily due to late-stage detection.

In the blog post, Art & Science Family Dentistry highlights the crucial role dental professionals, particularly dental hygienists, play in identifying early signs of oral cancer during routine dental check-ups. The practice emphasizes the importance of comprehensive oral cancer screenings, which involve a thorough

examination of the soft tissues in the mouth, including the lips, cheeks, tongue, gums, throat, and palate.

Furthermore, the post shares the importance of empowering patients to take an active role in monitoring their oral health between dental visits. Art & Science Family Dentistry provides a detailed step-by-step guide for performing oral cancer self-exams at home, recommending a monthly self-check using a well-lit mirror. The practice emphasizes the importance of being familiar with the signs and symptoms of oral cancer, such as red or white patches, sores that do not heal, lumps, or thickening of tissues in the mouth. The practice also discusses common risk factors that may increase an individual's likelihood of developing oral cancer, such as tobacco use, excessive alcohol consumption, and HPV infection.

By encouraging patients to conduct regular self-exams and promptly report any concerning symptoms to their dental professionals, Art & Science Family Dentistry aims to promote early detection and improve outcomes for those who may be affected by oral cancer. The practice believes that through a combination of regular dental check-ups and self-exams, patients can play a proactive role in maintaining their oral health and overall well-being.

"At Art & Science Family Dentistry, we are committed to being our patients' partners in maintaining optimal oral health and overall well-being," said Dr. Renee Kinney, dentist at the practice. "By educating our patients about oral cancer and the importance of regular screenings, we hope to make a significant impact in the fight against this silent threat."

The blog post serves as a valuable resource for patients seeking to understand the seriousness of oral cancer and learn practical steps they can take to protect their health. Art & Science Family Dentistry encourages patients to schedule regular dental check-ups and promptly report any concerning symptoms to their dental or medical professionals.

To read the full blog post and learn more about oral cancer screenings, visit the Art & Science Family Dentistry [website](https://artsciencedentistry.com/silent-threat-understanding-oral-cancer-the-power-of-early-detection) at <https://artsciencedentistry.com/silent-threat-understanding-oral-cancer-the-power-of-early-detection>.

About Art & Science Family Dentistry

Art & Science Family Dentistry is a trusted dental practice in Woodbury, Minnesota, dedicated to providing exceptional, comprehensive dental care in a warm and welcoming environment. The practice offers a wide range of services, including preventive care, restorative treatments, and cosmetic dentistry, all delivered by a highly skilled and compassionate team of dental professionals.

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Art & Science Family Dentistry

Art and Science Family Dentistry is a locally-owned private practice dental clinic, and we are proud to be taking care of Woodbury's dental needs for over 50 years. Our doctors and team members are your neighbors and part of your community.

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