

Tamra Bedford, Cosmetic RN, Introduces Advanced Laser Hair Removal in San Ramon

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SAN RAMON, CA - July 12, 2024 -
Tamra Bedford, a registered nurse who specializes in cosmetic procedures, has announced new and improved services at her San Ramon-based medical spa, Tamra Bedford, Cosmetic RN. Her spa continues to focus on advanced skincare treatments to address many skin concerns. The latest offerings include laser hair removal, chemical peels, and brown spot removal using IPL therapy. Each treatment is designed to provide personalized care for healthier skin and a refreshed look.

Laser hair removal remains one of the spa's top treatments. This procedure employs the advanced Coolglide Laser to remove unwanted hair for all skin types, including tanned skin. The aim is to offer a long-lasting solution that saves clients from the hassle of shaving or waxing. Tamra Bedford, the spa's owner, says, "Laser hair removal is a game-changer for people who want smooth skin without the hassle of shaving or waxing. Our Coolglide Laser provides effective and safe results for all skin tones."

Another key service at the spa is chemical peels, especially the Perfect Peel. This peel is designed to soften

lines and wrinkles, clear acne, reduce or eliminate acne scars, and promote collagen production for firmer skin. It can be used on various body parts, including the face, chest, hands, arms, and back. With several treatments, clients may see reduced sun damage and hyperpigmentation. For more information, visit https://www.tamrabedford.com/chemical-peels/. Bedford notes, "Our chemical peels offer a non-surgical option for those seeking glowing, youthful skin. It's an excellent choice for anyone wanting a refreshed look."

Tamra Bedford, Cosmetic RN, also highlights IPL therapy for brown spot removal using the CUTERA® Limelight IPL. This non-invasive treatment uses intense pulsed light technology to treat brown spots, sun damage, rosacea, and acne scars. The procedure usually takes 30-45 minutes, with visible results after just one session, and continued improvement over the following weeks. More information is available at https://www.tamrabedford.com/ipl-brown-spot-removal/. Bedford mentioned, "Our IPL treatment is perfect for anyone looking to improve their skin tone and texture without significant downtime. We have seen remarkable results in reducing pigmentation and enhancing overall skin quality."

The spa also excels in laser pore reduction and skin rejuvenation, using Laser Genesis. This non-invasive treatment addresses aging signs, sun damage, large pores, rosacea, and scarring. It's safe for all skin types and requires no anesthesia or downtime. Benefits include improved skin tone, collagen stimulation, and reduction of pore size, fine lines, and acne scars. For more details, visit https://www.tamrabedford.com/pore-reduction-treatment-laser-genesis/. "Laser Genesis is highly effective for anyone wanting to improve their skin's texture and clarity. It offers a gentle approach to rejuvenate the skin without the need for invasive procedures," said Bedford.

Besides these treatments, Tamra Bedford, Cosmetic RN, also offers other cosmetic services such as Botox and Dysport to reduce frown lines, medical microneedling for collagen production, and specialized treatments for fuller lips and facial volume restoration. Each service aims to provide long-term solutions to various skin concerns, helping clients achieve their desired appearance.

Tamra Bedford's medical spa has gained a reputation for quality and personalized care under her expertise and attentive approach. Clients can expect professional treatments tailored to their needs, from hair removal to advanced skin rejuvenation procedures. For more information or to schedule an appointment, clients are encouraged to visit the spa's website.

Tamra Bedford concludes, "Our commitment is always to provide the highest level of care and the most effective treatments available. We aim to help our clients look and feel their best with tailored solutions to meet their skincare needs."

For more details about Tamra Bedford, Cosmetic RN, and the variety of treatments offered, those interested can visit the provided links for in-depth information about each service.

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Tamra Bedford, Cosmetic RN

Tamra Bedford, Cosmetic RN: Over 20 years of expertise in personalized aesthetic treatments like laser hair removal and microneedling in San Ramon, CA.

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