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## Kalos Medical Spa in Fort Worth Debuts an Underarm Sweat Reduction Patch, Brella

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Fort Worth, TX?Kalos Medical Spa announced the addition of the Brella SweatControl Patch to its menu of medical spa services, just in time for the Texas summer. The SweatControl Patch is a groundbreaking solution designed to reduce excessive underarm sweating (also known as hyperhidrosis) quickly. A painless, three-minute treatment with one of the medical spa providers reduces sweat for 3-4 months.

?We feel that the Brella SweatControl Patch is a perfect addition to the Kalos Medical Spa services,? said Dr. Emily J. Kirby, Medical Director at Kalos Medical Spa in Fort Worth. ?This innovative treatment provides our patients with a quick and effective solution to excessive underarm sweating, significantly improving their quality of life. Patients can conveniently add Brella to their Botox-type injectable regimen, as both treatments last 3-4 months.?

Brella is a quick, non-invasive, but medically-supervised treatment that involves placing a temporary patch on each of the underarms for about 3 minutes, effectively reducing excessive underarm sweating within a matter

of days. The procedure is entirely non-invasive and painless, making it a comfortable experience: Dr. Kirby says that patients can expect to feel a bit of heat from the patch during treatment, as well as some tingling in the area, but it is tolerable without any numbing creams or injections.

The Brella underarm patch treatment has been shown in clinical trials to reduce sweat by up to 50%. The results are long-lasting, too, with reduced sweating for up to 3-4 months.

?Brella offers a quick application time, and does not require any needles, with similar effects to existing, more invasive, sweat reduction treatments,? explained Dr. Kirby. ?This makes sweat treatment much more attainable for our patients, including those who have not been diagnosed with hyperhidrosis but who simply want to control underarm sweating. With the hot Texas summers we experience, this is an especially helpful solution for those who plan to enjoy outdoor concerts, weddings, festivals, and other events.?

The treatment works by utilizing sodium in the patch to react with sweat, temporarily deactivating the sweat glands and providing relief from excessive sweating. According to Dr. Kirby, Brella is safe and effective for all skin types and tones. The treatment's efficacy and safety are further validated by its FDA clearance and its recognition from Allure: it won the magazine?s 2023 Best of Beauty Breakthrough Award.

?We think that Brella is an excellent sweat reduction treatment for hyperhidrosis in the underarms. Patients who have undergone the Brella treatment are reporting a significant improvement in quality of life, including freedom from the stress of excessive sweating, social anxiety, skin irritation issues, and clothing stains,? Dr. Kirby commented.

Brella offers several advantages over existing underarm sweat reduction treatments like neuromodulator injections (such as Botox®) and energy-based treatments. While neuromodulators require multiple injections and may be worrisome for those who are averse to needles, Brella is a painless, patch-based treatment that takes only three minutes once the patch is applied. This makes it a more convenient and less invasive option for patients seeking relief from excessive sweating.

Moreover, thermal energy treatments that target sweat glands require a lengthier treatment process, anesthetic, and restrictions after the procedure. They may even carry side effects like bruising, swelling, and tenderness. Brella, on the other hand, is a non-invasive solution with no pain, allowing patients to resume their daily activities immediately after treatment. This ease of use and minimal disruption to daily life make Brella a superior choice for many patients.

Additionally, the long-lasting effects of Brella (up to 3-4 months), provide an extended period of relief. This duration of effectiveness is comparable to that of the #1 medical spa treatment for wrinkles, Botox-type neuromodulators, so Brella offers a hassle-free solution patients can easily fold into their existing medical spa

regimen.

Brella is available at Kalos Medical Spa, which is located within Kirby Plastic Surgery in Fort Worth and actively supervised by Dr. Emily Kirby. Appointments can be scheduled through the Kalos Medical Spa website or by contacting their office directly at 817-292-4200.

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For more information about Kalos Medical Spa, contact the company here:Kalos Medical SpaRandol Kirby817.292.4200info@kirbyplasticsurgery.com5075 Edwards Ranch Rd, Fort Worth, TX 76109

## **Kalos Medical Spa**

Kalos Medical Spa?s aesthetic specialists offer non-surgical treatments, including Botox® and dermal filler, in a spa-like setting. Kalos is overseen by Board Certified Plastic Surgeon Dr. Emily Kirby and located within Kirby Plastic Surgery.

Website: https://www.kalosmedicalspa.com/

Email: info@kirbyplasticsurgery.com

Phone: 817.292.4200



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