



## **IMHO Reviews Mindvalley's The Art of Manifesting Course by Regan Hillyer**

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Vitaliy Lano, creator of IMHO Reviews, in his latest article, took a closer look at the concept of manifestation, a subject that has captivated minds for generations. Today, manifestation is not just a buzzword but a methodical practice gaining traction through platforms like Mindvalley, where structured guidance meets profound personal growth. He, in particular, talked about one of Mindvalley's most popular courses, "The Art of Manifesting". IMHO Reviews article also shared that currently Mindvalley Membership, which includes access to "The Art of Manifesting" and over 100 other courses, is offered with a 50% discount.

Regan Hillyer, a self-made millionaire, serial entrepreneur, best-selling author, and international speaker, is a leading figure in the field. With substantial investments in her personal, spiritual, and business development, Hillyer has pioneered the "Energetic Architecture Method", earning her the title of the world's Number One Manifestation Method teacher. Her expertise is well-recognized, with features in Forbes, the Huffington Post, and appearances on major networks like ABC, NBC, and CBS.

Manifestation, as taught by Hillyer, is far from mere wishful thinking. It is a systematic, intentional alignment of belief and action to achieve one's desired reality. Lano noted, "Manifestation requires serious commitment. It's about harmonizing your subconscious mind with your conscious goals." This practice draws from various disciplines, including Neuro-Linguistic Programming (NLP) and hypnosis techniques, to align intentions with ethical clarity.

Mindvalley's Quest, "The Art of Manifesting," created by Regan Hillyer, appeals to a wide audience. Whether a beginner or an expert, this program offers valuable insights and practical steps. With over 23,485 students enrolled, its popularity underscores its effectiveness. The Quest's structured, daily approach is particularly advantageous for those who thrive on detailed, methodical progress in personal development.

IMHO Reviews article argues that Hillyer's impressive credentials and her proven track record of transforming individuals into millionaires set a high standard. "The program's focus on 'soul work' dives deeply into the subconscious, unlocking latent potential. One notable feature is the emphasis on 'language patterns,' which motivates participants and helps them navigate through internal barriers," said Lano.

However, Lano added, the program is not without challenges. Its premium pricing may be a hurdle for some, and the coursework's depth and intensity demand dedication. Daily practices, consistent homework, and active engagement are essential for achieving the best results. "This program isn't about quick fixes but building a solid foundation for long-term dreams. It requires effort and perseverance."

The curriculum of "The Art of Manifesting" is meticulously designed to guide participants through a transformative 27-day journey. Each day features video lessons and mindset tools. The program's key elements include Visioning, Space Creation, Barrier Dissolution, Self-Transformation, and Manifestation Acceleration. These steps aim to not only dream but actively shape one's reality.

Lano shared, that Regan Hillyer's approach is backed by science, drawing parallels to quantum physics and neuroscience. Her program aims to align the subconscious with conscious goals, making manifestation a systematic, intentional act rather than mere wishful thinking. This alignment is crucial for achieving long-term dreams and building a solid foundation for success.

"Mindvalley's community and resources support participants on their journey. The program is not just about content but also about connecting with a supportive community that fosters growth and transformation. For those keen on treading this path, the Mindvalley Membership offers access to a plethora of personal development programs, providing a holistic approach to growth," concluded Lano.

For more information on "The Art of Manifesting" program, visit the IMHO Reviews website.

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