

New Episode of The Dr. Monti Show Reveals Cutting-Edge Precision Medicine Successes at The Marcus Institute of Integrative Health

July 25, 2024

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Philadelphia, PA?Episode 3 of The Dr. Monti Show, titled ?Precision Medicine: The New Fountain of Youth?,? will premier Saturday, July 27, 2024, revealing how the physicians at The Marcus Institute of Integrative Health use cutting-edge precision medicine techniques to diagnose and treat patients with complex health and diagnosis issues, who were previously considered to be ?medical mysteries.?

Precision medicine is an approach to healthcare that is meticulously tailored to individual patients, based on factors including the patient?s lifestyle and tests that look at biomarkers such as DNA, gut microbiome, and micro-nutrient levels.

?At the Marcus Institute, we have access to precise, cutting-edge diagnostic tools and research in integrative medicine; watch the show to see the diagnostic protocols and tools we often employ to understand and improve patient health,? explained Dr. Daniel Monti, the host of The Dr. Monti Show. ?We are glad to have

the opportunity to share these developments on The Dr. Monti Show and help patients nationwide find better ways to assess and take control of their health and well-being.?

Dr. Monti is a leading integrative medicine physician and neuroscientist, and the founding Chair of Thomas Jefferson University?s Department of Integrative Medicine & Nutritional Sciences, and the Marcus Institute of Integrative Health - Jefferson Health. In The Dr. Monti Show, he explores high-impact actions we can all take to lead healthier and happier lives, and interviews top medical experts at The Marcus Institute of Integrative Health.

In this episode, Dr. Monti talks with various patients who have been deemed ?medical mysteries,? seeing many doctors without answers for years. For example, he interviews a patient, Ignacio, who was battling the long-haul effects of COVID and had hit a medical wall, exhausting all options before finding relief at the Marcus Institute. Another patient, Carolyn, was in a critical state where her entire GI system was shut down and she was literally starving to death.

Dr. Monti also speaks with a patient, Annette, who was struggling with hormone imbalances so severe that she was unable to function until she was referred to The Marcus Institute. Viewers watch as the patients share how a precise, personalized approach restored equilibrium, offering insights and solutions that go far beyond standard healthcare practices available today.

?Ultimately, the purpose of precision medicine is to decode the patient?s unique biology in order to pinpoint the best therapies that get them to optimal health,? explained Dr. Monti. ?The Marcus Institute?s work is at the forefront of modern medicine, and we find great satisfaction in demystifying how today?s science is making tomorrow?s health care much more personal for a broad audience.?

Precision medicine assessments at The Marcus Institute of Integrative Health inform the innovative therapies they offer, such as standard medications, mind-body therapies, targeted nutrient protocols, bio-identical hormone replacement, integrative cancer recovery programs, sleep therapies, longevity therapies, and many more.

The third episode of the Dr. Monti show will air next Saturday, July 27th at 6 PM and on Sunday, July 28th at 3 PM on NTD. It will also be broadcast in the UK at 6 PM on Saturday and at 7 AM and 10:30 PM on Sunday.

For those both in the Philadelphia area and beyond, learn how you can access NTDTV at https://www.ntd.com/tv-providers.htm. Or, use one of these options: for a free TV option, NTDTV is available on WSJT channel 15.4, which serves both Philadelphia and Atlantic City; for those who subscribe to Verizon or Frontier FiOS, NTDTV is on channel 158; for those who prefer online streaming, they may stream via the NTDTV website or on platforms like Roku, Apple TV, and Amazon Fire TV.

To learn more or to schedule an appointment at one of The Marcus Institute of Integrative Health offices in Philadelphia, PA or Villanova, PA, please fill out the online contact form at https://www.jeffersonhealth.org/clinical-specialties/integrative-medicine/contact-us.

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Marcus Institute of Integrative Health - Philadelphia

The Marcus Institute of Integrative Health offers evidence-based integrative care in the Department of Integrative Medicine and Nutritional Sciences, Sidney Kimmel Medical College, Thomas Jefferson University?the first department of its kind in the US.

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