

# Center for Aesthetics in Idaho Falls Introduces Vivace RF Microneedling: A Revolutionary Treatment for Tighter, More Youthful Skin

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Idaho Falls, ID - Center for Aesthetics, a leading medical aesthetics clinic in Idaho Falls specializing in non-surgical treatments, is excited to spotlight Vivace RF Microneedling in their comprehensive lineup of skincare solutions. This revolutionary treatment combines the benefits of microneedling with radiofrequency energy to stimulate collagen production, improve skin texture, tone, and tightness, and help patients achieve a more youthful appearance at any age. A new blog post by CFA titled ?Vivace RF Microneedling: Your Key to Tighter, More Youthful Skin at Any Age? provides more details.

Vivace RF Microneedling is an FDA-cleared treatment that uses ultra-fine, gold-tipped needles to create microscopic channels in the skin, triggering the body's natural healing response. Simultaneously, radiofrequency energy is delivered deep into the skin, heating the tissue and stimulating the production of collagen and elastin. This powerful combination leads to visible improvements in skin firmness, elasticity, and overall appearance.

"We are thrilled to offer Vivace RF Microneedling to our patients," said Physician Assistant Lauren Lyon, PA-C, Aesthetic Medical Provider at Center for Aesthetics. "This cutting-edge technology allows us to tailor treatments to each individual's unique needs and goals, whether they are in their 20s and looking to prevent early signs of aging or in their 50s and wanting to address existing wrinkles and sagging skin. The results we've seen with Vivace have been truly remarkable."

One of the key benefits of Vivace RF Microneedling is its minimally invasive nature and minimal downtime. Unlike surgical procedures, patients can return to their daily activities immediately after treatment. The team at Center for Aesthetics takes every precaution to ensure patient comfort during the procedure, including the use of a best-in-class numbing cream and a precision robotic motor that minimizes discomfort.

For those in their 20s and 30s, Vivace can be an excellent way to maintain healthy, youthful-looking skin and prevent the early signs of aging. By stimulating collagen production early on, patients can help keep their skin firm, smooth, and radiant for years to come. Vivace can also help improve the appearance of acne scars, large pores, and uneven skin texture ? common concerns for younger patients.

Patients in their 40s and 50s can benefit from Vivace as a game-changer for addressing wrinkles, fine lines, and skin laxity. As the skin's natural collagen production slows down with age, leading to sagging, wrinkles, and a loss of elasticity, Vivace works to counteract these effects by stimulating the skin's natural healing processes and promoting the growth of new, healthy collagen and elastin fibers.

For those in their 60s and beyond, Vivace can help improve skin texture, tone, and tightness, giving patients a more refreshed and youthful appearance. The treatment can also be combined with other non-surgical options, such as Ultherapy or PRP (platelet-rich plasma) therapy, for even more comprehensive results. Center for Aesthetics often recommends the CFA Trifecta ? a proprietary combination of Vivace, PRP, and Ultherapy ? for a truly transformative experience.

"Vivace RF Microneedling is an incredibly versatile treatment that can address a wide range of skincare concerns," said Lyon. "Whether a patient is looking to prevent signs of aging, improve skin texture and tone, or address specific issues like wrinkles or acne scars, Vivace can be customized to meet their individual needs. It's a game-changer for those seeking non-surgical options for skin rejuvenation."

The number of treatments needed varies from person to person depending on their individual skin concerns and goals. Generally, a series of three to four treatments spaced four to six weeks apart is recommended for optimal results, though many patients notice improvements after just one session. A typical Vivace treatment takes about 45 minutes to an hour, depending on the size of the area being treated, including time for the numbing cream to take effect and for the actual microneedling process.

One of the significant advantages of Vivace is its minimal downtime. While patients may experience some redness and mild swelling immediately after the treatment, this typically subsides within a few hours to a day, allowing most patients to return to their normal activities right away. Many patients notice an immediate improvement in skin texture and radiance following their Vivace treatment, with the full effects of the collagen and elastin stimulation becoming more apparent over the following weeks and months. Optimal results are usually seen about three to six months after the final treatment.

"At Center for Aesthetics, we are passionate about helping our patients look and feel their best at every age," said Lyon. "Vivace RF Microneedling is just one of the many cutting-edge, non-surgical treatments we offer to help our patients achieve their skincare goals. Our team of experts, led by board-certified and

fellowship-trained oculoplastic surgeon Catherine Durboraw, MD is dedicated to providing personalized, compassionate care and guidance throughout each patient's skincare journey."

For those interested in learning more about how Vivace RF Microneedling can help them achieve tighter, more youthful-looking skin, Center for Aesthetics invites them to schedule a consultation with their team. The clinic's providers will work closely with each patient to develop a customized treatment plan that addresses their unique concerns and helps them love the skin they're in.

#### About Center for Aesthetics:

Center for Aesthetics is a leading medical aesthetics clinic in Idaho Falls, ID, specializing in non-surgical aesthetic medicine. The clinic is owned by Catherine Durboraw, MD a board-certified and ASOPRS (American Society of Ophthalmic Plastic and Reconstructive Surgery) fellowship-trained oculoplastic surgeon and operated in Idaho Falls by Lauren Lyon, PA-C - a board certified Physician Assistant.. Center for Aesthetics offers a wide range of treatments, including laser hair removal, CoolSculpting, Botox, Dysport, RHA Dermal Fillers, Hydrafacials, Clear + Brilliant, Microneedling, PRP platelet-rich plasma therapy, laser treatments, and other de-aging protocols created by Dr. Durboraw that are only available at CFA Beauty.

For more information about Center for Aesthetics and Vivace RF Microneedling, please visit <https://cfabeautyidahofalls.com> or call 208.529.8232.

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### **The Center for Aesthetics Idaho Falls**

*Center for Aesthetics in Idaho Falls, ID specializes in non-surgical aesthetic medicine; laser hair removal, CoolSculpting, Botox, Dysport, RHA Dermal Fillers, Hydrafacials, Microneedling, PRP therapy, and other exclusive de-aging protocols.*

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