



Bay Clinic of Chiropractic Expands Sacro Occipital Technique Services in Panama City for Comprehensive Health Solutions

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The Bay Clinic of Chiropractic is excited to announce the expansion of its Sacro Occipital Technique (SOT) services in Panama City, FL. This method, offered by Dr. Tony Salamay, takes a comprehensive approach to addressing issues related to the craniospinal system, including TMJ, neck, back, pelvis, and extremities.

The Sacro Occipital Technique focuses on identifying specific patterns of imbalance in the body. Developed in the late 1920s by Major Bertrand DeJarnette, it works not only to relieve pain but also to improve the function of various organs. The Bay Clinic of Chiropractic uses a detailed categorization system to determine the best course of treatment for each patient.

Dr. Tony Salamay, who leads the clinic, believes in the importance of holistic approaches in modern chiropractic care. "Our goal is to enable our patients to experience a notable improvement in their overall health. The Sacro Occipital Technique is designed to address not just the symptoms but also the underlying

causes of various issues," said Salamay.

A recent 5-star review from Monica Postlethwait underscores the clinic's impact. She described her experience at the Bay Clinic of Chiropractic as one of her best medical experiences, praising Dr. Salamay for his extensive knowledge in Endocrinology, Nutrition, and Neurology. Postlethwait noted that her pain has almost completely disappeared midway through her 90-day treatment plan.

The Bay Clinic of Chiropractic offers a range of services, including chiropractic neurology, clinical nutrition, functional medicine, chiropractic kinesiology, and spinal decompression. Their approach to patient care focuses on normalizing the central nervous system, considering pain relief as a secondary benefit of achieving this balance.

Dr. Salamay stresses the transformative potential of the Sacro Occipital Technique. "We see significant improvements in our patients' health outcomes when we use this methodology. It requires a thorough understanding of various health conditions and offers a more sustainable path to wellness," he said.

The clinic operates from Monday to Thursday, 9:00 AM to 1:00 PM and 3:00 PM to 6:00 PM, and on Fridays by appointment. Patients can also subscribe to the clinic's newsletter for updates and more information on their services.

For those interested in learning more about the Sacro Occipital Technique in Panama City, FL, details can be found on their website. The Bay Clinic of Chiropractic invites the community to explore the benefits of SOT and how it can contribute to a healthier lifestyle.

To book an appointment or for more information, visit their official website or find them on Google Maps.

Bay Clinic of Chiropractic continues to serve the community with a comprehensive suite of services aimed at improving overall health and well-being. The Sacro Occipital Technique remains a cornerstone of their practice, ensuring patients receive holistic and effective care.

Bay Clinic of Chiropractic reaffirms its commitment to offering advanced chiropractic techniques. The introduction and detailed application of the Sacro Occipital Technique exemplify their dedication to providing high-quality healthcare solutions tailored to the unique needs of their patients.

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Bay Clinic of Chiropractic

Dr. Tony Salamay of Bay Clinic of Chiropractic, located in Panama City, Florida, is focused on improving your health and physical well-being by laying stress on the brain-body connection.

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