



## Rehab Talks on the Link Between Drugs and Salary

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Pacific Sands, located in Sacramento, California, is a high-end, solution-focused rehab center dedicated to helping people find healing. Part of this mission includes providing educational information about substance use so their communities can make informed decisions about their health. In a recent blog post, they touched on the topic of addiction and salary.

The rehab center acknowledges that many people associate addiction with a certain socioeconomic status, but utilizes the article to showcase the reality. ?Substance use disorders are not just for individuals who work in blue-collar occupations or even those who are homeless or below the poverty line. They can impact white-collar, high-paying salary workers as well? How someone developed this disorder or the specific impacts the disorder has can vary depending on socioeconomic status.?

Reaching this point, readers may ask how substance use disorders are formed, if not because of income. Pacific Sands explains that it?s more complex than that. ?As human beings, there are some things everyone can experience that may lead to an increase in developing a substance use disorder.? Things such as violence, conflict, and untreated mental health can be experienced across any socioeconomic class.

The article then goes on to talk about how income can impact a person?s relationship with substance use.

Some substances are more common for one tax bracket than others. Different stressors can vary based on income, too. For example, those in poverty are more likely to experience instability and lack of access to resources while someone in a higher income bracket might feel a higher pressure to succeed to have easier access to certain substances.

A study aimed to examine substance use across socioeconomic statuses. In that study, they found that 27% of the people at the lower end of the income spectrum smoked cigarettes. In this group, 50% of their parents dropped out of high school. On the other end of the spectrum, 76% of the people at the higher end of income drank alcohol, with 47% of their parents having completed college. This indicates there may be a relationship between the substance of choice and one's parents' educational background, as it can relate to how wealth and income impacted them growing up.

Pacific Sands then takes the time to explain how a substance use disorder might manifest in those in a higher income bracket versus those in a lower income bracket. "... people of higher socioeconomic status were more likely to develop alcohol, marijuana, and cocaine use disorders. There were no significant indications that people in upper-class populations tended to use methamphetamine and other substances more often than those of lower socioeconomic status."

To finish the article, the rehab center takes the time to explain the differences in rehab options based on income. They give readers resources and information so they can make better decisions for themselves and those they care about. For those wishing to learn more about this topic, the article is linked above.

Pacific Sands helps its clients take the first step toward a new life. It is a high-end facility with a maximum of 6 clients. The facility is great for those with mobility concerns or disabilities. Clients stay in private rooms. Pacific Sands is solution-focused as it explores what has worked for clients in the past, and its clinical director is on-site 50 hours a week.

For more information, visit their website or call them today at 949-426-7962.

Pacific Sands -- The first step towards a new life.

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For more information about Pacific Sands Recovery Center, contact the company here: Pacific Sands Recovery Center Chase Brantley 949-426-7962 info@pacificsandsrecovery.com 1909 W Carlton Pl Santa Ana, CA 92704

## **Pacific Sands Recovery Center**

*At Pacific Sands, in Orange County, California, we understand that clients are in addiction treatment to learn how to live their lives differently and we don't expect them to have all the answers.*

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