Mansfield Cosmetic Surgery Center Distinguishes the Key Differences Between Breast Lift and Breast Augmentation, Providing Clear Guidance for Patients

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Mansfield Cosmetic Surgery Center, led by Dr. Michael L. Thornton, a double board-certified cosmetic surgeon and Diplomate of the American Board of Cosmetic Surgery, explains the essential distinctions between breast lift and breast augmentation procedures in a new article titled ?Differences Between a Breast Lift and Breast Augmentation? (found on the website here: https://mansfieldcosmeticsurgery.com/differences-between-breast-lift-and-breast-augmentation/).

Deciding between a breast lift and breast augmentation is a significant choice for many individuals considering cosmetic plastic surgery. At Mansfield Cosmetic Surgery Center, they understand that each patient?s needs and aesthetic goals are unique, and this understanding drives Dr. Thornton?s consultation process.

Breast augmentation enhances cup size, breast volume, and projection of the breasts through the insertion of either saline or silicone breast implants. This procedure aims to increase breast volume and improve overall symmetry and fullness, but it does not address sagging or positional issues of the nipple and areola.

In contrast, a breast lift, or mastopexy, primarily focuses on uplifting the nipple areola complex along with elevating sagging and droopy breast tissue without increasing breast size or volume. This involves removing excess skin, tightening the surrounding tissue, and repositioning the nipple and areola complex to a higher, more youthful location on the chest wall. It?s particularly beneficial for correcting breast ptosis, which results from factors such as aging, weight loss, and pregnancy.

For some individuals, simultaneously combining a breast lift with augmentation provides the optimal result, addressing both the size and position of the breasts for a comprehensive enhancement. Ultimately, selecting between a breast lift and augmentation?or opting for a combination of the two?depends on personal aesthetic goals, whether that means enhancing breast size, correcting breast ptosis, or both. Dr. Thornton specializes in tailoring each procedure to meet the individual desires and needs of his patients, ensuring a personalized and satisfying outcome.

There are differences in cost between a breast lift and breast augmentation. Generally, a breast lift tends to be more expensive than breast augmentation alone due to the complexity and length of the surgical procedure. Dr. Thornton also offers his patients a breast augmentation ?package? that includes all surgery center fees, anesthesia fees, surgeon?s fees, and the cost of the implants, whether saline or silicone. However, when combining breast augmentation with breast lift mastopexy, this surgical procedure is the more expensive option. To make elective cosmetic surgery more accessible, Mansfield Cosmetic Surgery Center offers financing options through CareCredit, recognizing that undergoing a breast lift and/or augmentation is not just a cost but an investment in one?s appearance and self-confidence.

The recovery time for both a breast lift and breast augmentation are relatively similar, with most patients typically taking about one or two weeks off from work. During the first three to four weeks post-surgery, patients are advised to engage in reduced activity levels to facilitate healing. Dr. Thornton is committed to providing personalized care and support throughout the recovery process, as Dr. Thornton will personally see his patients at every postoperative appointment, thus ensuring a positive and comfortable healing journey for every patient.

The longevity of results from a breast lift or breast augmentation varies. While breast implants may need replacement over time, the outcomes of a breast lift can be long-lasting. However, the durability of a breast lift?s timely result can be influenced by factors such as aging, weight fluctuations, and changes in the soft tissue support mechanism. Specifically, changes to the elasticity of the skin will subtly affect the shape and position of the breasts over time. Dr. Thornton ensures that patients are well-informed about how lifestyle and natural aging processes can impact the lasting effects of their chosen procedure, guiding them towards making a decision that aligns with their long-term aesthetic goals.

Additionally, many women wonder about the possibility of breastfeeding after a breast lift or augmentation. While many patients can breastfeed post-surgery, specific surgical techniques can impact this ability. Breastfeeding after breast surgery, particularly a mastopexy, can be affected by the surgical approach and whether the milk ducts are disturbed. Dr. Thornton discusses these aspects during consultations, highlighting the FDA?s views on silicone implants and breastfeeding safety, and carefully plans the surgery to preserve breastfeeding functionality whenever possible.

Choosing between silicone and saline implants for breast augmentation is another important consideration. This choice depends on the patient?s age, personal preference, desired feel, and specific body characteristics. Dr. Thornton provides detailed information on the benefits and considerations of each type to help patients make an informed choice.

Navigating the decision between a breast lift and breast augmentation is deeply personal and varies according to individual needs and expectations. At Mansfield Cosmetic Surgery Center, Dr. Thornton and his dedicated team are committed to empowering patients with knowledge and personalized care, ensuring that they make the best decision for their body and well-being.

For more information or to schedule a consultation with Dr. Michael L. Thornton, please visit Mansfield Cosmetic Surgery Center or contact the center directly.

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Mansfield Cosmetic Surgery

Mansfield Cosmetic Surgery Center was established in 2008 under the surgical directorship of Dr. Michael L. Thornton, a fellowship-trained cosmetic surgeon and Diplomate of the American Board of Cosmetic Surgery.

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