



Tamra Bedford, Cosmetic RN Expands Services with Cutting-Edge Laser Hair Removal

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Tamra Bedford, Cosmetic RN, has announced that she is expanding her range of services to include a variety of advanced cosmetic treatments. The medical spa, located in San Ramon, California, aims to enhance both skin health and appearance with these new offerings. Tamra Bedford, Cosmetic RN, remains committed to providing high-quality care with these significant updates to their treatment options.

One of the standout new services is laser hair removal with the advanced Coolglide Laser. This treatment provides efficient and long-lasting hair reduction suitable for all skin types, including tanned skin. The goal of this service is to give clients smooth, hair-free skin with minimal discomfort and downtime.

A key addition is the CUTERA® Limelight IPL treatment, a non-invasive laser procedure available at <https://www.tamrabadford.com/ipl-brown-spot-removal/>. This technology uses Intense Pulsed Light to address issues like acne scars, rosacea, brown spots, and sun damage. Visible results can often be seen after just one session, with improvements continuing over the weeks that follow.

Tamra Bedford, a registered nurse, said, "Our goal is to provide a variety of effective and safe treatments that meet the individual needs of our clients. We want everyone who visits us to leave feeling more confident and satisfied with their skin."

Microneedling is another procedure now offered, detailed at <https://www.tamrabadford.com/microneedling/>. This medical-grade treatment stimulates collagen and elastin production, reducing the appearance of wrinkles, acne scars, and enlarged pores while giving the skin a healthy glow.

Other available treatments include Botox & Dysport, both known for temporarily improving moderate to severe frown lines. These injections are done with precision to keep natural facial expressions while reducing the signs of aging.

The spa also features fuller lip treatments using Restylane, which instantly enhances lip volume. Chemical peels are available too, which use specialized solutions to exfoliate the skin, removing dead cells and revealing a smoother layer underneath.

One more advanced service is laser pore reduction and skin rejuvenation. This treatment focuses on reducing pores, fine lines, and scars, and improves the overall texture of the skin.

For those dealing with skin discolorations, IPL therapy is an option to treat brown spots and other concerns from sun exposure or aging. Additionally, rosacea treatments are offered to reduce redness and visible blood vessels, improving the overall complexion for those affected by this condition.

Ms. Bedford emphasized the personalized care provided at her practice, stating, "With over 20 years of experience, I personally start and finish every treatment to ensure my patients receive the highest standard of care."

The spa is overseen by Dr. Stephen Ronan's MD FACS and Blackhawk Plastic Surgery, securing robust medical oversight and expertise for all their procedures.

By expanding her services, Tamra Bedford, Cosmetic RN, aims to meet a wide range of skincare needs, offering high-quality, non-invasive solutions to help clients achieve their aesthetic goals. Interested individuals can explore options and schedule appointments through the comprehensive, user-friendly website.

Overall, with the addition of treatments like laser hair removal and IPL therapy, the spa continues to deliver top-notch skincare solutions. These new services enhance Tamra Bedford, Cosmetic RN's reputation as a leading medical spa in San Ramon, California. Further details about laser hair removal can be found at their

website.

For more information about the wide range of services offered, visit <https://www.tamrabadford.com/>. Potential clients can explore each treatment, read patient testimonials, and see before-and-after images showing the results of various procedures.

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For more information about Tamra Bedford, Cosmetic RN, contact the company here: Tamra Bedford, Cosmetic RN
Tamra Bedford
hello@tamrabadford.com
160 Sunset Dr, Suite 110, San Ramon, CA 94583

Tamra Bedford, Cosmetic RN

Tamra Bedford, Cosmetic RN: Over 20 years of expertise in personalized aesthetic treatments like laser hair removal and microneedling in San Ramon, CA.

Website: <https://www.tamrabadford.com/>

Email: hello@tamrabadford.com

