Cosmetic Surgery Center in Little Rock Now Offering Hormone Replacement Therapy (HRT) for Improved Sleep, Energy, and More

August 15, 2024

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Little Rock, AR?The team at Cosmetic Surgery Center in Little Rock announced that they are now offering hormone replacement therapy (HRT) for women. Hormone replacement therapy is a personalized treatment designed to alleviate symptoms associated with perimenopause, menopause, and hormonal imbalances. By adding this service, the practice expands its current offerings that include cosmetic surgery, medspa treatments, and weight loss injections to better serve patients? overall well-being.

?We are thrilled to offer HRT as part of our commitment to meeting our patients? needs throughout many stages of life,? said Dr. Rhys Branman, board-certified cosmetic surgeon and founder of Cosmetic Surgery Center. ?This addition allows us to support Little Rock patients? well-being both inside and out, with personalized care that may genuinely improve their quality of life.?

For patients who are good candidates, hormone replacement therapy can provide relief from menopausal and hormone-related symptoms such as hot flashes, night sweats, mood swings, and low energy levels. Benefits may include improved libido, energy levels, and physical strength; prevention of osteoporosis and

potential reduction in heart disease risk; and enhanced mood, cognitive function, sleep quality, skin health, and hair health.

At Cosmetic Surgery Center, all patients receiving Hormone Replacement Therapy work with experienced women?s health nurse practitioner, Crystal Marcussen. Marcussen?s approach to HRT is personalized and holistic; each patient's treatment plan is tailored to their specific needs, taking into consideration both their unique hormonal profile and health goals.

?We believe in the power of individualized care,? said Marcussen. ?Our goal is to provide treatments that make a real difference in womens? lives. We do that by testing their current hormones and working closely together on an ongoing basis to understand how their hormones are affecting their lifestyle. Nothing about HRT is one-size-fits-all.?

Marcussen offers patients various forms of HRT, including pills, patches, creams, and injections, for flexibility and individual comfort. Treatment includes continuous monitoring with Marcussen and adjustments in dosages, as needed, to optimize the therapy's effectiveness and support long-term health and vitality.

Marcussen says that patients who can benefit from hormone replacement therapy may include those who are suffering from symptoms related to hormonal imbalances, including fatigue, weight gain, irritability, and decreased libido. Women experiencing menopause or perimenopause can also benefit from HRT.

?Little Rock hormone replacement therapy patients deserve the best care possible, and this treatment is a natural extension of our comprehensive services,? stated Marcussen. ?We are committed to long-term health and happiness. By addressing hormonal imbalances, we can support our patients? overall health and help them achieve their personal goals, from improved energy to better skin health.?

Crystal Marcussen, APRN, WHNP-BC, MNSc, BSN brings extensive experience and a personalized approach to HRT, working to ensure that each patient?s treatment plan is tailored to their specific needs. She is a board certified Women?s Health Nurse Practitioner with over 12 years of experience specializing in women?s health. Her career focuses have included general obstetrics and gynecology, menopause management, and care of women throughout different phases of life. She offers both hormone replacement therapy and weight loss injections with semaglutide or tirzepatide at Cosmetic Surgery Center, providing highly customized functional wellness services to complement the cosmetic side of the practice.

?Offering HRT aligns beautifully with our mission to enhance both the inner and outer beauty of our patients,? said Dr. Branman. ?We are dedicated to promoting health and well-being, and adding this service will allow us to do so in a more expansive manner.?

Little Rock Cosmetic Surgery invites those interested in learning more about hormone replacement therapy to contact their office for a consultation by calling (501) 227-0707 or visiting their website.

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For more information about Cosmetic Surgery Center, contact the company here:Cosmetic Surgery CenterLeslie Branman501.227.0707Leslie@lrcsc.com10809 Executive Center Dr #100, Little Rock, AR 72211

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Cosmetic Surgery Center

Cosmetic Surgery Center in Little Rock offers a full range of cosmetic surgery and medical spa procedures and is led by Dr. Rhys Branman, a board certified cosmetic surgeon and past board member and interim chairman of the Arkansas State Medical Board.

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