



Rehab Warns of Meth's Psychological Effects

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A local Texas rehab center, San Antonio Recovery Center, recently shared a blog educating readers on the mental side effects of methamphetamine and meth use disorder. With the largest alumni program in the city, San Antonio Recovery Center works hard to help everyone in their community get the help they need. Part of how they work towards this goal is by providing free and educational material about substance use.

To start off the blog piece, San Antonio Recovery Center lays the groundwork by explaining what meth does to the brain. "Methamphetamines, commonly known as meth, are a central nervous system stimulant. They also impact the dopamine system within the body." The blog then takes the time to explain how dopamine is produced, and how it's influenced by the presence of meth in a person's system.

From there, the recovery center lays out the ways methamphetamine can impact a person both in the short term and long term. Both are noted as important for readers to be able to recognize as short-term effects occur while meth is in someone's system, while long-term effects are indicative of a substance use disorder.

"While there is no specific timeline that will guarantee someone experiences the long-term effects of meth consumption, it often occurs with continued engagement over a period of time or frequent and heavy engagement over any length of time," San Antonio Recovery Center explains to readers. "Unlike short-term

effects, long-term effects don't go away when meth is out of your system. Some of these effects can take time and dedication to properly address.?

The blog thoroughly highlights how the vast majority of the side effects associated with meth use directly impact the psyche. Some of the common side effects the recovery center goes through include hallucinations, paranoia, and mood changes. Readers can gain a lot of insight into how meth works and how they can spot someone who's been engaging with it through the information provided here.

The rehab center then leads readers into a discussion about withdrawal, which can follow those who are displaying the symptoms associated with long-term methamphetamine use. They first touch on how the influence meth has on dopamine can lead to depression-like symptoms when it's out of a person's system. They then follow up with additional side effects, ?Another common outcome of meth withdrawal is continuing to experience long-term symptoms like psychosis, memory loss, and decreased thinking and motor skills. Studies show that the structural changes caused in our brain's functionality due to meth can take months to heal.?

To finish up the piece, the Texas rehab center explains how these side effects can be addressed ? through recovery. ?Healing is possible, but it can only be achieved through recovery.? They explain to readers what options are available for them and give them insight into how to pick a program that works for their needs. For those who wish to learn more, they can check out San Antonio Recovery Center's blog or their website.

San Antonio Recovery Center, a Texas-based rehab clinic with locations on San Pedro Ave, has been a community partner for years. They utilize their extensive experience treating behavioral health and substance use disorders to take an education-based approach to treatment. With the largest alumni program in San Antonio, they offer support to all at their alumni events, including those who did not attend their center.

To learn more about San Antonio Recovery Center, call 866-957-7885 or visit their website.

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For more information about San Antonio Recovery Center - San Pedro, contact the company here:San Antonio Recovery Center - San PedroLiam Callahan210-361-5975lcallahan2@baymark.com7122 San Pedro Ave #114 San Antonio, TX 78216

San Antonio Recovery Center - San Pedro

San Antonio Recovery Center is based strongly on the 12-step treatment philosophy that has helped millions regain

control of their lives. This successful San Antonio program emphasizes the recognition and identification of addictive behavior patterns.

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