Texas Breast Center Announces Significant Decline in Breast Cancer Mortality Rates

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Waxahachie, Texas - September 25, 2024 -
Texas Breast Center, under the esteemed leadership of Dr. Valerie Gorman, is pleased to discuss the significant decline in breast cancer mortality rates in a new article, ?Are Death Rates From Breast Cancer Declining??, underscoring the center's commitment to providing state-of-the-art care and the most advanced treatments available. This noteworthy achievement reflects the tremendous strides made in early detection and modern therapies, bringing hope and reassurance to patients and their families. The article can be found on the Center?s website here: https://www.texasbreastcenter.com/breast-cancer/are-death-rates-from-breast-cancer-declining

Breast cancer remains a critical health issue, affecting countless lives across the United States. However, recent data reveals a nearly 60% reduction in breast cancer mortality from 1975 to 2019, a trend that offers a beacon of hope to those diagnosed with this challenging disease. Texas Breast Center has been at the forefront of this battle, implementing cutting-edge advancements that contribute to the declining death rates.

Dr. Gorman attributes this decline to a combination of improved screening practices and the development of new, more effective treatments. Approximately 47% of the overall reduction in mortality can be traced back to

advancements in treatments for early-stage breast cancer. Enhanced management of advanced breast cancers accounts for 29% of the decline, while the impact of screening mammography contributes to 25%. These statistics highlight the crucial role of early detection and modern therapies in increasing survival rates.

The American Cancer Society emphasizes the importance of regular screening in the early detection of breast cancer, significantly impacting survival outcomes. Reflecting these advancements, the five-year relative survival rate for localized female breast cancer has reached an impressive 99.3%. Furthermore, there has been a significant improvement in the life expectancy of patients diagnosed with advanced breast cancer. For instance, the average life expectancy for patients diagnosed with advanced breast cancer increased from 1.9 years for those diagnosed in 2000 to 3.2 years for diagnoses made in 2019. These improvements underscore the progress made in treating even the most challenging cases.

On a global scale, high-income countries have witnessed a 40% drop in age-standardized breast cancer mortality between the 1980s and 2020. This global reduction points to the effectiveness of early detection programs and enhanced treatment protocols in decreasing breast cancer mortality. Such progress reinforces the mission of Texas Breast Center and Dr. Gorman to provide cutting-edge care and support to patients, contributing to the ongoing decline in breast cancer death rates.

Dr. Gorman and her team at Texas Breast Center are dedicated to offering comprehensive care that includes not only advanced medical treatments but also compassionate support for patients and their families. The center's approach combines the latest evidence-based treatments with a deep commitment to patient education and preventive measures. This holistic approach ensures that patients receive the highest standard of care, tailored to their specific needs.

Winning the fight against breast cancer requires a multifaceted approach, including regular screenings, advanced treatments, and a focus on preventive care. Dr. Gorman emphasizes the importance of awareness and education on breast health for people of all ages. By prioritizing regular screenings and mammograms, patients can significantly improve their chances of early detection and successful treatment outcomes.

Texas Breast Center also highlights the role of lifestyle factors in breast cancer prevention and outcomes. Dr. Gorman advises patients on preventive measures and healthy lifestyle choices, such as maintaining a balanced diet, engaging in regular physical activity, and reducing alcohol consumption. These lifestyle modifications can significantly impact breast cancer risks and outcomes, complementing the advanced medical treatments provided at the center.

Moreover, genetic testing plays a significant role in identifying individuals at higher risk for breast cancer, allowing for proactive monitoring and preventive measures. Dr. Gorman utilizes genetic testing to tailor prevention strategies and treatment plans, significantly impacting the overall mortality rate of breast cancer by

addressing it before it develops or in its early stages.

Research and ongoing advancements in breast cancer treatment continue to drive progress. In the last decade, breast cancer treatment has seen significant advancements, including the development of targeted therapies, immunotherapy, and less invasive surgical options. Dr. Gorman stays at the forefront of these advancements, incorporating the latest evidence-based treatments at Texas Breast Center to improve patient outcomes. The center's commitment to research and innovation ensures that patients have access to the most effective and up-to-date treatment options available.

Public awareness campaigns have also played a crucial role in the decline of breast cancer mortality rates by promoting early detection and encouraging regular screenings. Dr. Gorman actively participates in awareness efforts, educating the community on the importance of mammograms and breast health. These initiatives contribute to the overall decline in mortality rates by ensuring that more individuals are aware of and take advantage of early detection methods.

While there has been a general decline in breast cancer mortality, disparities exist across different ethnicities. These disparities underscore the need for equal access to healthcare and the highest standard of care in cancer screening and treatment. Dr. Gorman is committed to addressing these disparities by ensuring all patients, regardless of their background, have access to high-quality oncology care, education, and support.

The decline in breast cancer mortality rates is a testament to the relentless efforts of medical professionals and the resilience of patients. Texas Breast Center's dedication to providing compassionate care and advanced treatments has significantly contributed to this positive trend. The center urges everyone to prioritize their health by staying informed about breast cancer and embracing preventive measures. Regular screenings and mammograms play a crucial role in early detection, significantly improving treatment outcomes.

For those who may need or have a loved one are navigating the journey through breast cancer, remember that one is not alone. Texas Breast Center is here to provide comprehensive care, support, and hope. Let's continue to work together towards a future where breast cancer no longer poses a threat to our lives and our loved ones. Join them in this mission by scheduling one's screening today and taking a step towards a healthier tomorrow.

For more information about Texas Breast Center and to schedule a screening, please visit the website at www.texasbreastcenter.com. Reporters seeking quotes from Dr. Gorman or additional information about the significant decline in breast cancer mortality rates are encouraged to contact Texas Breast Center.

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For more information about Texas Breast Center, contact the company here:Texas Breast CenterGreg Gorman214-912-5195info@texasbreastcenter.com2460 N, I-35E Suite 215, Waxahachie, TX 75165

Texas Breast Center

Valerie J. Gorman, MD, FACS, is a surgeon of oncology and diseases of the breast. She is board certified by the American Board of Surgery and serves as Chief of Surgery and Medical Director of Surgical Services at Baylor Scott & White Medical Center.

Website: https://www.texasbreastcenter.com/

Email: info@texasbreastcenter.com

Phone: 214-912-5195