



## **Art & Science Family Dentistry Highlights Potential Link Between Oral Health and Breast Cancer Awareness**

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Woodbury, MN - As Breast Cancer Awareness Month begins, Art & Science Family Dentistry in Woodbury, Minnesota, hopes to shed light on the often-overlooked connection between oral health and breast cancer awareness.

Recent studies have revealed a startling correlation between gum disease and increased breast cancer risk. Women with periodontal disease face a 14% higher risk of developing breast cancer, with this percentage escalating to 36% for current or former smokers. These findings underscore the critical importance of maintaining excellent oral health as part of good health.

Dr. Renee Kinney, dentist at Art & Science Family Dentistry, emphasizes the significance of these findings: "Many people are unaware of the intricate connection between oral health and overall wellness, including cancer risk. Our goal is to empower our patients with knowledge and provide them with the tools they need to take control of their health through proper dental care."

The practice's newly published blog post, titled "Smile Strong: The Vital Link Between Oral Health and Breast Cancer Awareness," serves as a resource for patients and the wider community. The article delves into the scientific research behind the oral health-breast cancer connection, explaining concepts in accessible language. It covers topics such as the role of oral bacteria in systemic inflammation, the potential mechanisms linking gum disease to cancer risk, and practical tips for maintaining optimal oral health.

Art & Science Family Dentistry is not just sharing information; they're taking action to help patients reduce their risk. The practice has developed screening protocols and personalized care plans designed to identify and address potential oral health issues early. These services include comprehensive periodontal evaluations, advanced oral cancer screenings, and customized oral hygiene plans.

"We believe that preventive care is the cornerstone of good health," Dr. Kinney states. "By offering these specialized services, we're not just treating teeth; we're contributing to our patients' overall well-being and potentially reducing their cancer risk."

The blog post also addresses common questions and concerns related to oral health and cancer risk. It provides clear, actionable advice for readers, encouraging them to take proactive steps in their dental care routine. From proper brushing and flossing techniques to the importance of regular dental check-ups, the article serves as a comprehensive guide for those looking to improve their oral health.

Art & Science Family Dentistry's initiative comes at a crucial time. With breast cancer affecting one in eight women in the United States, the need for comprehensive approaches to prevention and risk reduction has never been greater. By highlighting the role of oral health in this equation, the practice is opening up new avenues for patients to take control of their health.

This initiative recognizes the unique oral health challenges faced by individuals affected by breast cancer and aims to provide much-needed support and care.

The practice's approach to dental care reflects a growing awareness in healthcare towards recognizing the interconnectedness of various bodily systems. By bridging the gap between oral health and breast cancer awareness, Art & Science Family Dentistry has always worked to position its relationships with its patients at the forefront of patient care in Woodbury.

As Breast Cancer Awareness Month progresses, Art & Science Family Dentistry encourages all members of the community to schedule a comprehensive oral health evaluation. Early detection and prevention are key not only to maintaining a healthy smile but potentially to reducing cancer risk as well.

Dr. Kinney concludes, "We're committed to being a dental practice positioned as a true health partner for our patients and our community. By raising awareness about the link between oral health and breast cancer, we hope to inspire people to take a more proactive approach to their overall health, starting with their smile."

The "Smile Strong: The Vital Link Between Oral Health and Breast Cancer Awareness" blog post is now available on Art & Science Family Dentistry's website, offering information and practical advice for readers. The practice invites the public to read the article, share it with loved ones, and take the first step towards better health by scheduling a dental appointment.

Art & Science Family Dentistry has been serving the Woodbury community for over 50 years, providing comprehensive dental care with a focus on patient education and preventive services. The practice is known for its use of advanced technology, commitment to continuing education, and personalized approach to patient care.

For more information about Art & Science Family Dentistry and their services or to schedule an appointment, interested individuals can visit their website or call their office directly.

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## **Art & Science Family Dentistry**

*Art and Science Family Dentistry is a locally-owned private practice dental clinic, and we are proud to be taking care of Woodbury's dental needs for over 50 years. Our doctors and team members are your neighbors and part of your community.*

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