



**Acclaimed Show Host, Spiritual Healer and Coach,  
Jennifer McLean, Releases New Book Entitled,  
?Spontaneous Transformation - 7 Steps To Coping &  
Thriving In Extreme Times?**

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? McLean Delivers A Healing System That Is Quick, Easy and Immediate -- A Solution to Today?s Real Challenges in a Harried World ?

Jennifer McLean, Celebrated Healer, Business Coach and Host of the world's largest online personal development workshop series, Healing With The Masters, will release a new book entitled: Spontaneous Transformation - 7 Steps To Coping & Thriving In Extreme Times on April 26.

The book offers McLean's unique, 25-year-old, therapeutic system of healing, The Spontaneous Transformation Technique, which has liberated thousands from mental, emotional, physical and spiritual trauma; opening the doors to greater levels of wealth, freedom, health, joy and fulfilling relationships by simply accessing and releasing what is buried deep within.

In a world that seems to be extreme, this book offers a solution, which, in just minutes and 7 easy steps, contributes to immediate change. When this system is used daily over a short period of time, these small changes create deep transformation.

For many, overwhelm, disease and/or financial stress are the order of the day. This healing technique is recommended to be used in such triggered moments. It is a solution that is ripe for the age in which we live; it?s quick, easy, and it works.

McLean says: "I am so excited to share my Spontaneous Transformation Technique with the masses. I have used this modality to support thousands over the years and witnessed the extraordinary restoration of balance and peace in their lives. Making this easy-to-use technique accessible for a much broader audience

allows me to deliver a uniquely new level of support and guidance that show the reader they have the power to quickly and permanently heal and overcome physical or emotional upset on their own terms."

To guide readers through the Spontaneous Transformation healing process, real stories of McLean's clients are shared in anonymity to address some of the most common pain points, including:

Dealing with an abusive partner

Transforming fear

Healing back pain and other ailments

Finding forgiveness

Resolving family issues

Finding hope

Living abundantly

Overcoming Sexual Abuse

To celebrate the worldwide release of Spontaneous Transformation, McLean is offering complimentary copies of the book, which will retail at \$16.95, at <http://www.spontaneoustransformation.com/book/>. Simply click the link to claim your free copy.

#### About Jennifer McLean

For almost 30 years, Jennifer McLean has served as a heart-centered and mindful spiritual catalyst and healing facilitator, guiding hundreds of thousands to transmute their deepest fears, blocks, and old beliefs into new levels of alignment, growth, health, wholeness and abundance.

Growing up in an alcoholic family and having survived years of middle school bullying, childhood sexual abuse, and cancer, Jennifer has used her life challenges as opportunities and gifts to become an internationally acclaimed Healer, Author, Speaker, Entrepreneur, Business Coach and Transformational Change Agent.

Her intention to amplify and deliver healing teachings and guidance from her own voice and through transformational thought and wellness leaders has allowed her to strategically build McLean MasterWorks to an international, consciousness-based entity reaching almost 1 million subscribers.

Her transformational programs not only reach the masses but also business owners entrepreneurs, to support and empower human growth and evolvment, igniting shifts in perception for business-from-the-heart and increased global consciousness.

McLean MasterWorks is the hub to renowned sub-brands Healing With The Masters, Masterworks Healing, Spontaneous Transformation, and Living Your Success Signature Business.

For more information:

<http://spontaneoustransformation.com>

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## **McLean Masterworks**

*McLean MasterWorks is a force in the Human Potential Movement.*

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