

Anthony League And The Family That Is In A League Of Their Own

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LONG BEACH, CA - Anthony League, a senior running back at Millikan High School, has emerged as one of the top performers in the CIF-Southern Section, showcasing exceptional skills on the football field while maintaining academic excellence. League's impressive performance this season has solidified his position as a key player for the Millikan Rams and secured his commitment to the University of California, Berkeley.

League, who transferred to Millikan High School for his senior year, has made an immediate impact on the team's offense. Through seven games, he has averaged 9.15 yards per carry and scored 17 touchdowns, including 15 on the ground and two as a receiver. His outstanding performance has caught the attention of coaches and scouts alike, earning him recognition as one of the most promising running backs in the region.

Millikan head coach Romeo Pellum praised League's contributions both on and off the field. "He's a coach's dream," Pellum stated. "That's why us as coaches named him captain. We've never done that since I've been at Millikan, but I haven't had a player like him since I've been at Millikan. He checks every single box."

League's success on the football field is complemented by his academic achievements. With a 3.9 GPA, he

exemplifies the balance between athletic prowess and scholastic dedication. This combination of skills and work ethic has played a crucial role in his recruitment and commitment to the University of California, Berkeley.

The senior running back comes from a family with a strong athletic background. His parents, Will and TaShara League, were both accomplished athletes in high school and college. His sister, Aniyah, currently plays soccer at the University of Michigan. This family legacy of athletic excellence has been a driving force in Anthony's development as a student-athlete.

Will League, Anthony's father and a former high school running back himself, expressed pride in his son's accomplishments. "I'm very proud of what I've seen my son and my daughter become. They're simply amazing people, they're always looking out for others. You can't ask for anything more when you talk about your kids," he said.

Anthony's journey to becoming a standout running back began in his youth football days, where he initially played as an offensive lineman before transitioning to running back. His dedication to improving his skills has included training with former NFL running back Sirr Parker and participating in track and field to enhance his speed and agility.

As the Millikan Rams prepare for their upcoming game against Long Beach Poly, League is on the verge of reaching a significant personal milestone. He is just 85 yards shy of his first 1,000-yard rushing season, a goal that has motivated him throughout his high school career.

Looking ahead to his collegiate career, League expressed excitement about joining the Cal football program. "As a kid, I always wanted to play college football and hopefully make it to the NFL," he said. "Going to a running back college with guys like Marshawn Lynch, Shane Vereen, all those great backs, and under a great running back coach, Coach AT, and Coach Wilcox, I feel like I'm in a great spot for them to put me there."

League's commitment to Cal continues Millikan High School's impressive streak of sending players to Power 4 programs, a trend that has now extended to five consecutive years. His success story serves as an inspiration to aspiring student-athletes, demonstrating the rewards of hard work, dedication, and maintaining a balance between athletic and academic pursuits.

As Anthony League concludes his high school football career and prepares for the transition to collegiate athletics, he remains focused on leading the Millikan Rams to success in their remaining games. His journey from youth football to becoming a highly recruited high school athlete showcases the potential for success when talent is combined with unwavering determination and family support.

League's performance on the field has not only benefited his personal career but has also elevated the Millikan High School football program. The team's offensive strategy has been significantly enhanced by League's versatility and consistent performance. His ability to both run and catch passes has made the Rams' offense more dynamic and harder for opponents to predict.

The impact of League's success extends beyond the football field. His academic achievements and commitment to excellence have set a standard for his teammates and younger students at Millikan High School. The school's administration has noted an increase in student engagement with both sports and academics, attributing part of this positive trend to the example set by student-athletes like League.

As the football season progresses, League continues to draw attention from sports analysts and college recruiters. His performance in upcoming games, particularly the highly anticipated match against Long Beach Poly, is expected to be closely watched by fans and scouts alike. The game not only represents a chance for League to reach his 1,000-yard season milestone but also an opportunity for Millikan High School to make a statement in the competitive Moore League.

The University of California, Berkeley's football program stands to benefit significantly from League's commitment. Cal's coaching staff has expressed enthusiasm about League's potential contribution to their offensive strategy. His combination of speed, power, and football IQ is expected to translate well to the collegiate level, potentially making an immediate impact in the ACC conference.

League's success story also highlights the importance of family support in athletic and academic development. The League family's legacy of athletic excellence and emphasis on education has played a crucial role in shaping Anthony's approach to sports and studies. This family dynamic serves as a model for how parental involvement and sibling support can positively influence a young athlete's career.

As the high school football season enters its final phase, all eyes will be on Anthony League and the Millikan Rams. His performance in these crucial games will not only impact his team's standing but will also set the stage for his transition to college football. Regardless of the outcomes, League's journey from a youth football lineman to a highly recruited running back stands as a testament to the power of perseverance, family support, and the pursuit of excellence both on and off the field.

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Anthony League

Anthony League is a promising running back from Millikan High School in Long Beach, California, who recently committed to play football for the University of California, Berkeley as part of their 2025 recruiting class.

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