



Millikan High School Dominates Moore League Opener, Anthony League Efficient in Limited Action

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LONG BEACH, CA - Millikan High School's football team made a strong statement in their Moore League opener, securing a decisive 56-13 victory over Cabrillo High School. Senior running back Anthony League continued his exceptional form, showcasing his versatility and efficiency in limited playing time.

Anthony League's performance, while brief, was highly impactful. He carried the ball just four times, gaining 68 yards and scoring three touchdowns. Additionally, he demonstrated his receiving skills, recording four receptions for 113 yards and another touchdown. This efficient performance highlighted Anthony League's ability to make significant contributions even with reduced playing time.

Millikan head coach Romeo Pllum explained the decision to limit Anthony League's snaps, stating, "We're managing Anthony's workload to ensure he's in peak condition for our crucial league games. Even with reduced playing time, his impact on the game was undeniable. This approach allows us to keep him fresh while also giving opportunities to other talented players on our roster."

The Rams' offense showed its depth, with multiple players contributing to the scoring. This balanced attack helped Millikan establish a commanding 40-13 lead by halftime, allowing the coaching staff to rest key players in the second half.

Anthony League's limited but highly effective performance underscores his importance to the team's success and showcases the Rams' strategy of preserving their key players for upcoming challenges in the Moore League. His ability to produce at such a high level in limited action speaks to his skill and preparation.

The game began with Millikan asserting dominance early. On the Rams' opening drive, Anthony League displayed his explosiveness, breaking free for a 32-yard touchdown run. This set the tone for what would be a long night for the Cabrillo defense.

In the second quarter, Anthony League showcased his versatility. On a well-designed screen play, he caught a short pass and weaved through defenders for a 45-yard touchdown reception. This play demonstrated his ability to impact the game as both a runner and receiver.

Coach Pellum commented on Anthony League's dual-threat capabilities, saying, "Anthony's ability to excel in both the running and passing game makes our offense incredibly dynamic. Defenses have to account for him on every play, which opens up opportunities for our entire team."

Despite his limited touches, Anthony League's presence on the field had a noticeable impact on Cabrillo's defensive strategy. The threat of his big-play ability forced the Jaguars to commit extra defenders to containing him, creating favorable matchups for Millikan's other offensive weapons.

Anthony League's final touchdown of the night came on a short goal-line plunge, showcasing his power and nose for the end zone. This score put Millikan up 35-7 and effectively sealed the game before halftime.

The second half saw Anthony League's role reduced further as Millikan's coaching staff opted to give playing time to younger players. However, his influence on the game remained evident as the Rams' offense continued to operate efficiently, building on the momentum he had helped establish.

Millikan's dominant victory in their league opener sets a strong tone for their Moore League campaign. The team's ability to perform at a high level while managing the workload of their star players bodes well for their long-term prospects this season.

Anthony League's teammates also praised his leadership and impact. Junior quarterback JP Miholoski noted, "Having Anthony in the backfield makes my job so much easier. Even when he's not getting the ball,

defenses have to respect his presence, which opens up our entire playbook."

As the Rams look ahead to their next Moore League matchup against Wilson High School, they will aim to build on this strong start. The team's balanced offensive attack, anchored by Anthony League's efficient performances, will be crucial in their quest for a league title.

Coach Pellum emphasized the importance of maintaining focus despite the lopsided victory, stating, "While we're pleased with tonight's performance, we know there's a lot of football left to be played. Anthony and the rest of our team understand the importance of taking it one game at a time and continually improving."

Millikan High School, established in 1956, has a storied history of academic and athletic excellence. The school's football program, under Coach Pellum's leadership, continues to be a powerhouse in the Moore League and a respected program in Southern California high school football.

For more information about Anthony League and to follow his athletic journey, please visit <http://anthonyleague.com> or contact William / Tashara League at 714-341-9831 or only1league@icloud.com.

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Anthony League

Anthony League is a promising running back from Millikan High School in Long Beach, California, who recently committed to play football for the University of California, Berkeley as part of their 2025 recruiting class.

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