# Local Rehab Investigates Life After Opioids

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Johnson City, TN ? ReVIDA® Recovery is a local rehab that recently published an article investigating what life after opioids looks like. The piece highlights their approach to helping individuals reintegrate into society after treatment.

?One of the first stages of finding recovery from opioid use disorder is seeking treatment. Medication-assisted treatment (MAT) along with therapies and skill-building classes are the basis of treatment and where recovery begins. Opioid use disorder is a mental health condition and oftentimes coincides with conditions such as depression and anxiety. Treatment programs for opioid use disorder can address these conditions and provide proper medical and emotional care. This can help you discover where your opioid use disorder stemmed from and how to cope moving forward.

Treatment for opioid use disorder does not have a specific timeline. Many MAT programs last as long as the patient needs, which can vary between months, years, and even a lifetime. It is important to attend support groups and therapies regularly, especially early in recovery. This increases the chances of success and prevents the risk of return to use. Life stresses can always pop up at the most inconvenient times, and having support to turn to is key,? the article reads.

When looking for work, fast food restaurants are a good place to start when first re-entering the workforce. Many hire felons and offer flexible scheduling which helps with keeping up with appointments. Some factories such as Amazon also hire felons and often offer ideal benefit packages. It is always best to disclose the felony during the hiring process.

Trade skills also offer an opportunity for a career. Tennessee College of Applied Technology (TCAT) located in Knoxville has programs for automotive, industrial electric, nursing, welding, and more. TCAT has financial aid options available and programs range in length with the average being 16 months.

The next step in the hiring process is often an interview. The general rule of thumb is to dress professionally. This would mean khakis or dress pants and a button-down shirt or polo for males. Dress shoes should also be worn and be clean. For females, skirts or dresses that fall somewhere between their knees and ankles paired with a blouse or sweater with dress shoes are common. Clothes should be neat, clean, free of wrinkles, and tidy.

?According to the Americans with Disabilities Act, opioid use disorder is classified as a disability. This protects you from discrimination from employers for taking Suboxone. Legally, a company cannot deny you employment solely based on medication-assisted treatment, and they also cannot terminate you for the same reason. However, it does not protect against those who are currently taking illegal opioids. This includes if you are taking Suboxone without a prescription. Employers do have the right to ask for proof of your prescription, and being cooperative shows you have nothing to hide.

?Opioid use disorder doesn?t end when treatment is complete, it is a lifelong condition that requires support and therapy. MAT does not have a time limit either, some will take medication for a few months or years while others may take it for the rest of their lives. ReVIDA® Recovery is a leading provider of MAT as well as outpatient therapies. We do not turn anyone away, even if they experience a return to use. Our doors are always open and we will work with you and adjust your treatment as needed to prevent further returns to use,? the article continues.

ReVIDA® Recovery offers flexible opioid use disorder treatment for anyone seeking help. They have multiple locations to provide ease of access to quality care. Outpatient therapy, MAT, and case management are an integral part of their program.

To learn more about ReVIDA® Recovery, call 423-631-0432 or visit their website.

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For more information about ReVIDA® Recovery Johnson City, contact the company here:ReVIDA® Recovery

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## ReVIDA® Recovery Johnson City

*We are committed to our patients? well-being. Every day at ReVIDA® Recovery, we challenge ourselves to continue building your trust, as you travel the path of recovery.*

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