Tersigni Vision Sheds Light on LASIK for Older Adults: "Is Age a Barrier?"

November 07, 2024

Lake Oswego, OR - November 07, 2024 -
Tersigni Vision, a leader in personalized vision care, addresses a common question among individuals considering LASIK surgery: "Am I too old for LASIK?" As more patients over the age of 40 explore vision correction options, the perception that LASIK is only for younger adults is beginning to shift. Dr. Tersigni, an experienced ophthalmologist at Tersigni Vision, aims to dispel the myth that age alone is a limiting factor for LASIK eligibility. The article can be found on the Tersigni Vision website here: https://www.tersignivision.com/lasik/am-i-too-old-for-lasik/

According to Dr. Tersigni, many people in their 40s, 50s, and even beyond may still be ideal candidates for LASIK, provided they meet certain criteria. While the average age for LASIK patients ranges from 20 to 45, those outside this range should not dismiss the possibility of undergoing the procedure. Instead of focusing solely on age, factors like vision stability and overall eye health take precedence when determining candidacy. There is technically no upper age limit for LASIK, making it a viable option for those looking to reduce dependency on glasses or contact lenses at any stage of life.

However, Dr. Tersigni emphasizes that older patients should consider specific age-related conditions that

may affect their suitability for LASIK. Presbyopia, a common condition that affects near vision after the age of 40, is often a concern. While LASIK primarily corrects distance vision, individuals with presbyopia may still benefit from the procedure through Monovision LASIK. This innovative approach involves correcting one eye for distance vision and the other for near vision, offering a practical solution for those experiencing age-related vision changes. Patients over 45 should consult with Dr. Tersigni to determine whether Monovision LASIK or another treatment is best suited to their needs.

As patients age, cataracts become another factor that must be taken into account. After the age of 55, cataracts can develop and affect vision. While early-stage cataracts may not immediately require surgery, they can eventually interfere with vision to the point that cataract surgery becomes necessary. Dr. Tersigni advises that for patients with cataracts, LASIK may no longer be the best option. Instead, cataract surgery, often combined with advanced lens implants that correct vision, can provide a better outcome than LASIK alone.

For patients who are not ideal candidates for LASIK due to presbyopia or cataracts, Refractive Lens Exchange (RLE) is an alternative that Dr. Tersigni often recommends. RLE involves replacing the eye?s natural lens with an artificial lens that can correct a range of vision issues, including presbyopia. This procedure is especially beneficial for older adults who are not suitable for LASIK but still wish to reduce their dependency on glasses or contact lenses. RLE has grown in popularity among older patients at Tersigni Vision, providing them with lasting vision correction well into their later years.

In discussing the long-term effects of LASIK on older adults, Dr. Tersigni points out that the procedure is generally safe and effective, with high patient satisfaction rates. However, older patients should be aware of potential side effects, such as dry eyes, glare, halos, and challenges with night vision. These side effects are typically temporary but may persist longer in older individuals. Additionally, while LASIK can provide long-lasting correction for distance vision, it does not prevent age-related conditions like cataracts or presbyopia from developing over time. Regular eye exams and follow-ups with Dr. Tersigni ensure that patients receive the appropriate care and treatment adjustments as their eyes age.

Many older adults who undergo LASIK report improved quality of life, including a significant reduction in their reliance on glasses or contact lenses. Despite the potential for side effects or the need for enhancement procedures in the future, LASIK continues to be a life-changing option for older patients. Dr. Tersigni encourages individuals who are considering LASIK or alternative vision correction procedures to schedule a consultation to explore their options. The key, he notes, is to base the decision on a thorough assessment of eye health, vision stability, and personal needs, rather than focusing solely on age.

At Tersigni Vision, the team is committed to providing personalized vision solutions tailored to each patient?s unique circumstances. Whether through LASIK, Monovision, Refractive Lens Exchange, or other advanced

treatments, Dr. Tersigni and his team strive to offer a full spectrum of care to meet the diverse needs of their patients. The consultation process at Tersigni Vision is designed to provide clear guidance on the best course of action, with the ultimate goal of helping patients achieve their best possible vision at any age.

For potential patients, now is the perfect time to explore how LASIK or other vision correction procedures could improve potential patients? quality of life. Whether dealing with presbyopia, cataracts, or simply want to reduce reliance on glasses, Tersigni Vision has the expertise and personalized care to guide anyone through their options. Schedule a consultation today with Dr. Tersigni to learn more about achieving clearer vision at any age.

###

For more information about Tersigni Vision, contact the company here:Tersigni VisionDr. Steven Tersigni(971) 362-2020info@tersignivision.comTersigni Vision15150 Bangy Rd Lake Oswego, OR 97035

Tersigni Vision

A Modern LASIK and Vision Correction Boutique in Portland. Oregon. Tersigni Vision is the only vision correction center in Oregon to offer the entire portfolio of modern LASIK alternatives.

Website: https://www.tersignivision.com

Email: info@tersignivision.com

Phone: (971) 362-2020

TERSIGNI VISION