



## Treatment Programs We Offer:

- 30-60 Day Detox/Res/Day-Night/IOP/Aftercare
- 21-Day Detox/Res
- 5-10 Day Detox Only
- Outpatient Only With or Without Residence
- MAT (Suboxone Maintenance Program)
- Length of Stay can be Flexible

We have 3 inpatient and 17 outpatient locations throughout Florida

[SEE THE WEBSITE FOR DETAILS](#)

# "I Encourage You to Do the Same!" Patient Praises WhiteSands Treatment in Sarasota for Life-Changing, Compassionate Addiction Care

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Sarasota, Florida ? A former patient who found the comprehensive addiction treatment they needed has given a top review to WhiteSands Treatment in Sarasota, Florida.

The former patient expressed deep gratitude for the dedicated staff who supported him throughout his journey to sobriety. "Kelly talked me into this program and I'm so glad she did. She is a dedicated and compassionate person that works there," Dakota wrote in their review. "The sober home I was in was great with Tiffany and Rob; they were both awesome house managers, and the Intensive Outpatient Program (IOP) was great for me. Anyways, I'm glad I was pushed into it and it worked for me. I encourage you to do the same."

WhiteSands Treatment in Sarasota offers comprehensive addiction treatment services, including alcohol detox, drug rehab, and personalized therapy programs designed to meet the unique needs of each individual.

As an addiction treatment center in Sarasota, the facility provides a serene and supportive environment where patients can focus on healing and rebuilding their lives.

The success of WhiteSands Treatment is largely attributed to its dedicated team of professionals who are committed to providing exceptional care. Staff members like Kelly play a pivotal role in guiding patients toward recovery. Her dedication and compassion exemplify the center's mission to offer unwavering support to those battling addiction.

House managers Tiffany and Rob contribute significantly to creating a nurturing atmosphere in the sober homes. Their hands-on approach ensures that patients feel safe, understood, and motivated throughout their stay. The positive impact they have on patients underscores the importance of compassionate care in addiction treatment.

WhiteSands Treatment offers a range of evidence-based treatment programs tailored to address various aspects of substance abuse and mental health disorders. Key services include medically supervised alcohol detox programs that help patients safely manage withdrawal symptoms and begin the journey toward sobriety. The center also provides drug rehab services for those seeking help with drug addiction, offering comprehensive care close to home for those searching for a "drug rehab near me" or "alcohol rehab near me."

Understanding that addiction affects each individual differently, WhiteSands develops individualized treatment plans that address the root causes of substance abuse. The facility employs a variety of therapeutic modalities, including cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), group and individual counseling, and family therapy. These approaches not only treat the symptoms of addiction but also equip patients with coping strategies and life skills essential for long-term recovery.

The intensive outpatient program (IOP), highlighted by the former patient, offers structured therapy sessions while allowing patients to live in a sober home environment. This promotes independence and accountability, enabling patients to maintain daily responsibilities while receiving the support they need.

The sober homes provided by WhiteSands offer a comfortable and secure setting where patients can focus on their recovery journey. Staffed by caring professionals who foster a sense of community and mutual support among residents, this nurturing environment is instrumental in helping patients rebuild their lives free from the grips of addiction.

The former patient's testimonial serves as a powerful reminder of the transformative impact that effective addiction treatment can have. Their encouragement to others is a testament to the quality of care provided at WhiteSands: "I encourage you to do the same."

For those searching for an "alcohol rehab near me" or seeking comprehensive addiction treatment in Sarasota, WhiteSands stands out as a beacon of hope. The center's commitment to compassionate care and evidence-based treatment makes it a leading choice for people ready to take the courageous step toward recovery.

WhiteSands Treatment is a premier addiction treatment center located in Sarasota, Florida. The facility is dedicated to providing high-quality care for individuals struggling with substance abuse and co-occurring mental health disorders. With a team of experienced professionals and a range of personalized treatment options, including alcohol detox and drug rehab programs, WhiteSands empowers patients to achieve lasting recovery and reclaim their lives.

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For more information about WhiteSands Alcohol & Drug Rehab Sarasota, contact the company here: WhiteSands Alcohol & Drug Rehab Sarasota Ryan Monesson (941) 960-7405 rmonesson@wstreatment.com 3202 N Tamiami Trail, Sarasota, FL 34234

### **WhiteSands Alcohol & Drug Rehab Sarasota**

*WhiteSands Alcohol & Drug Rehab Sarasota is the leading addiction treatment center in Sarasota Florida, for detox and rehab programs. From alcohol, and meth to prescription drug addiction, we can help.*

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