

Safety First Training Ltd. Joins National Campaign to Prevent Falls During Fall Prevention Month

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As November marks Fall Prevention Month across Canada, Safety First Training Ltd., a leading provider of workplace health and safety training since 1989, announces its commitment to raising awareness about fall prevention strategies in both workplace and community settings. This initiative comes at a crucial time as falls remain the leading cause of serious injury and death in Canada, with associated costs reaching $10.3 billion annually in medical expenses.

The significance of this campaign cannot be understated, as falls represent the primary cause of injury-related hospitalizations among older adults, with only half of those over 65 returning home after fall-related hospital stays. Safety First Training Ltd.'s comprehensive approach to fall prevention aligns perfectly with this year's national theme of "Move, Improve, Remove," which emphasizes the importance of physical activity, health improvement, and hazard removal in preventing falls.

With Canada's largest library of safety training courses, Safety First Training Ltd. has established itself as a

cornerstone of workplace safety education across all Canadian provinces and territories. The company's extensive reach allows them to service organizations throughout the country, from remote northern communities to major urban centers, ensuring that vital safety training is accessible to all Canadian workplaces.

Kevin Mork, Vice President of Business Development at Safety First Training Ltd., emphasizes the company's dedication to workplace safety: "With over three decades of experience in health and safety training, our organization understands the critical importance of fall prevention in both occupational and community settings. Our training programs, which meet all CSA and OHSA standards, are specifically designed to address these concerns and create safer environments for all Canadians."

The company's innovative Train the Trainer certification programs have become increasingly vital for organizations seeking to develop internal safety training capabilities. These programs enable businesses to maintain consistent safety standards while managing training costs effectively. The certification courses are designed to create competent safety trainers who can deliver OHSA-based courses directly to their colleagues, making it an economical solution for ongoing safety education.

Safety First Training Ltd.'s involvement in Fall Prevention Month demonstrates the company's ongoing commitment to public safety education. The statistics are compelling - falls account for 35 percent of the total annual cost of injury to our medical systems. This reality underscores the importance of proper training and preventive measures in both workplace and residential settings.

The company's initiative comes at a time when fall prevention awareness is more critical than ever. Every year since 2011, falls have accounted for over 65% of injury-related hospitalizations among adults aged 65 to 74, and over 80% for those over 75 years. Safety First Training Ltd.'s extensive library of safety training courses includes specialized modules focused on fall prevention and protection, making it an invaluable resource for organizations seeking to protect their workforce.

The company's participation in Fall Prevention Month reinforces its position as a trusted provider of workplace health and safety training services. Through their professional development programs and specialized courses, Safety First Training Ltd. enables organizations to develop internal expertise in safety protocols, creating a sustainable culture of safety awareness and prevention.

As winter approaches, the importance of fall prevention becomes even more critical. Safety First Training Ltd. remains committed to its mission of ensuring workplace safety through comprehensive training programs and professional development opportunities. Their guarantee of satisfaction underscores their dedication to maintaining the highest standards in safety training and education.

Organizations interested in learning more about fall prevention strategies or accessing Safety First Training Ltd.'s comprehensive safety training programs are encouraged to contact Safety First Training Ltd. directly for information about their services, special corporate training packages, and exclusive pricing options available across Canada.

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Safety First Training Ltd

Canadian experts in workplace health and safety since 1989. We offer onsite, online, and train-the-trainer programs meeting CSA and OHSA standards. Trusted by thousands, we ensure healthier, safer workplaces through quality, up-to-date training.

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