Rehab Center Warns of Signs of Percocet Addiction

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Knoxville, TN ? ReVIDA® Recovery, a local substance use disorder rehab, recently published a blog intended to educate people about the signs of Percocet Addiction, or Percocet (oxycodone/acetaminophen) use disorder. With locations throughout the Appalachian, including Tennessee and Virginia, they provide quality care for people living with opioid use disorders.

?The physical side effects of Percocet (oxycodone/acetaminophen) can range from mild to severe and will affect everyone differently depending on their opioid tolerance. Some initial side effects include problems with balance and coordination, fatigue, sleep problems, constipation, and trouble with memory.

The physical signs that Percocet (oxycodone/acetaminophen) has developed into a disorder will involve more exacerbated physical changes. These can include dramatic weight changes, lethargy, stomach problems including possible bowel obstructions, a decrease in sexual desire (libido), and a lack of hygiene habits.

As Percocet (oxycodone/acetaminophen) use disorder progresses, the person essentially stops taking care of themselves and focuses on continued use, no matter the negative effects it may cause,? the article reads.

Another physical sign that someone is living with Percocet (oxycodone/acetaminophen) use disorder is

withdrawal. Symptoms of withdrawal may include nausea, sweating, and muscle tension as well as a constellation of flu-like symptoms.

In addition to physical symptoms, Percocet (oxycodone/acetaminophen) use disorder typically presents with psychological symptoms as well. In particular, many people present with increased irritability and depression. This is because Percocet increases the amount of serotonin and dopamine in the body to the point where the brain no longer produces this hormone on its own. As someone builds a tolerance, they need more and more of the substance to get the same effect meaning that depression typically worsens between doses.

The article articulates a few ways that people can help a loved one who is living with Percocet (oxycodone/acetaminophen) use disorder.

?Show empathy: Many believe it is easier to show tough love when it comes to a loved one with opioid use disorder. While in some cases this works, there is a risk of pushing the person too far which can result in an overdose due to such poor mental health. Showing empathy and listening can help your loved one see they are supported and cared for, giving you the opportunity to discuss seeking treatment options.

Learn about opioids: Being prepared with knowledge will help you better understand what your loved one is going through. They didn?t take Percocet (oxycodone/acetaminophen) and develop a disorder overnight, and understanding what is happening in their brain and body can give you insight into approaching the situation.

Set boundaries and avoid enabling: It can be tough to put your foot down when dealing with your loved one, but protecting yourself is a necessity. Though it is okay to show empathy, enabling consists of aiding in your loved one's use. This can include giving money, rides, or a place to stay that allows them to continue taking Percocet (oxycodone/acetaminophen). Setting boundaries to avoid enabling includes only allowing them over when they are not using and not providing any financial help. Your life is important too, and boundaries can help keep you protected,? the article continues.

Percocet (oxycodone/acetaminophen) use disorder can lead to changes in behavior that family members may notice. Some people experiencing Percocet (oxycodone/acetaminophen) use disorder may become secretive, disregard responsibilities, or not participate in activities or hobbies they once enjoyed.

ReVIDA® Recovery has been providing quality opioid use disorder treatment for years. Their program features flexible outpatient therapy as well as medication-assisted treatment (MAT) utilizing Suboxone. They have seen firsthand how beneficial MAT can be and are proud to offer it to those working to find their recovery. Start now with same-day appointments at any of their existing facilities.

To learn more about ReVIDA® Recovery, call 423-631-0432 or visit their website.

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ReVIDA® Recovery Knoxville

ReVIDA® Recovery promotes safe and healthy communities by empowering individuals to reclaim their lives from opioid use disorder.

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