

An Old Idea Always New: Food As A Celebration

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London, UK, JAN 16, 2016 ? Food as a celebration and an activity that brings people together is as old as time. The idea transcends culture, religion and geography. Alix Caiger of Caiger & Company Catering (www.caigerandcocatering.co.uk) has just published a new blog post discussing this entitled 'Food as a Celebration'.

The article discusses how 'November is a month full of celebrations around the world: from the Day of the Dead on the 2nd in Mexico, Bonfire night in the UK on the 5th, to Diwali on the 11th and Thanksgiving on the 26th.' It also mentions that 'one of the things all these festivities have in common is the focus on light and bringing people together through food and celebrations.'

'Here at Caiger & Co we think this is the most inspiring aspect of working with food and working within the food industry,' stated Alix Caiger. 'We've come a long way from cavemen sitting around a fire but the idea of coming together through food is still the same.'

The article also describes how 'whether one is going to a restaurant with friends, hosting a party, going to a client lunch or having a family evening meal, Caiger & Co. Caterers think that the premise that food is the uniting factor in each scenario is pretty amazing! With December and Christmas around the corner the focus on food and togetherness is grows even more meaning.'

The article further discusses how 'the hospitality industry is gearing up for the busiest month of the year.'

As a bespoke catering company, Caiger and Company take pride on having a wide range of experience in the bespoke catering industry, having worked with large event companies, corporate clients, as private chef work and even as film location catering.

To read the article, visit www.caigerandcocatering.co.uk.

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For more information about Caiger & Co Catering, contact the company here: [Caiger & Co](http://www.caigerandcocatering.co.uk)

CateringAlix Caiger+44 (0)7946243960alix@caigerandcocatering.co.ukFlat 1127 Sulgrave
RoadLondonW67QH

Caiger & Co Catering

Alix Caiger, Chef / Owner at Caiger & Co. set up her bespoke catering company after graduating from university.

Alix then went on to train at Leith's School of Food and Wine.

Website: <http://caigerandcocatering.co.uk>

Email: alix@caigerandcocatering.co.uk

Phone: +44 (0)7946243960

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