

Rehab Highlights Recovery Designed for Creatives

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For creatives who are managing substance use and wish to learn about recovery options that are designed for them, Recovery Center for the Arts in Scottsdale, Arizona has information available. This facility utilizes creativity in all its forms to help individuals find healing. Their recent blog post touches specifically on musicians and their relationship with substance use, as well as what recovery options can best help them.

Substance use disorders are unique for many. No one is living through the exact same circumstances, and Recovery Center for the Arts recognizes that. With their dedication to creative fields, they decided to use their expertise to shed light on musicians and substance use, and how these two relate to each other.

To start the blog, the rehab center highlights what careers are actually most impacted by substance use, and arts and education are near the top. ?... arts and entertainment showed the second highest amount of past month drug use amongst all career types. The same study looked into past month's heavy alcohol use and found arts and entertainment to be the 4th highest industry. Arts and entertainment also ranked 3rd highest for past-year substance use disorders.?

Next, Recovery Center for the Arts touches on what it is about being a musician, specifically, that can contribute to a substance use disorder. The three primary reasons they dive into in their blog include

high-pressure environments, the need to fit in with others in their field, and burnout.

?There are many misconceptions about drug use and creativity. While novels could be written about the human psyche and its alterations under the influence of various substances, including how it specifically impacts creativity, it?s ultimately a temporary fix to a potentially long-term problem. It?s slapping a band-aid over a gaping wound and expecting that this will make it close overnight. It?s treating your mental health as something that can be quick-fixed and expedited, instead of something that requires support and time to heal.?

Many members of the community wonder if specific drugs are more likely to be engaged with than others. RCFTA takes this common question and applies it to the field of music. They talk about stimulants, opioids, prescription medications, and various ?party drugs? that are most often associated with this career. ?While this list is not exhaustive, some drugs come and go with trends, the section below can give you a good idea of what some of the most common substances are in the music industry.?

To wrap up the piece, Recovery Center for the Arts further highlights why tailored programming for musicians can be most beneficial for their recovery journey. They emphasize that having creativity understood and even used as a tool to help boost recovery can give creatives, like musicians, a stronger foundation for their long-term healing. For any additional questions and information, readers are encouraged to read the blog linked above.

Built on the foundation of the healing power of creativity, Recovery Center for the Arts is dedicated to helping those living with mental health conditions and substance use disorders to find their voice. They offer more than just a 12-step program, encouraging those in treatment to try different options to find what fits best for themselves. They?re committed to supporting the journey of healing, recovery, and self-discovery for all. To get started, readers can visit their website to learn more or give them a call at (602) 579-9023.

Recovery Center for the Arts ? Finding recovery through creativity.
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For more information about Recovery Center For The Arts, contact the company here:Recovery Center For The ArtsJohn Delorenzo(602) 579-9023info@rcfta.com5040 E Shea Blvd #154Scottsdale, AZ, 85254

Recovery Center For The Arts

Recovery Center for the Arts is a comprehensive addiction treatment program located just outside Phoenix, under the

Lifeline Behavioral Health program umbrella.

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