Local Rehab Highlights Stigma and Bipolar Disorder

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SCOTTSDALE, AZ - December 17, 2024 -
As a facility dedicated to the health and well-being of not only their clients but also their community, Pinnacle Peak Recovery, of Scottsdale, Arizona, decided to post a blog touching on bipolar disorder. They?ve seen how misunderstandings and stigma alike can impact those living with bipolar disorder. This is why they decided to use their knowledge to help people better understand this mental health condition, not only so they can seek treatment but also so their loved ones can better support them.

The main topic of this piece, in regards to bipolar disorder, specifically focuses on the word ?high-functioning? and how it relates to bipolar disorder. This term isn?t exclusive to those with bipolar disorder but is still used in relation to it. Pinnacle Peak explains early on in their blog, ?...the term simply means someone who doesn?t showcase their symptoms as outwardly, or who doesn?t require as much outside support to manage their condition. ?

After giving the audience the basic knowledge about the origins of the term ?high-functioning? and what it means, the rehab center immediately begins to clear up misconceptions surrounding this term. ?Despite its use in mainstream media, someone cannot be diagnosed with a ?high-functioning? version of a condition. The term itself is misleading and can lead to someone not getting the support they need due to misconceptions.?

?While it was never in the DSM (Diagnostic and Statistical Manual of Mental Disorders), prior to 2013 there were reflections of the ?high-functioning? mentality,? Pinnacle Peak informs readers. ?Conditions like autism were split in two, with one being more ?high-functioning? than the other. Now, conditions are more often to be separated into degrees of severity or split into different subsets of the condition depending on the symptoms showcased. This allows clients to get a more accurate diagnosis in combination with better treatment.?

As readers begin to learn more about the misleading nature of the term high-functioning, they often have follow-up questions. Pinnacle Peak takes the time to answer these questions in a thorough and comprehensive way as the blog continues. Not only do they touch on the different types of bipolar disorder present, but they also go over factors that can influence how ?manageable? bipolar disorder can be from one person to the next.

?The term ?high-functioning? comes from a general misunderstanding of how bipolar disorder works as a whole,? Pinnacle Peak informs readers. ?It dismisses the three different types of bipolar disorder and doesn?t acknowledge that everyone who has any condition experiences it differently. Not only does everyone have their own history that influences their mental health, but they also have different home lives, physical health, other mental health conditions, and more.?

?Just because someone has good days, or isn?t showing off their symptoms to you, doesn?t mean it?s not impacting them. It doesn?t mean that they don?t need or deserve support and care.? The rehab center emphasizes.

To wrap up the blog, Pinnacle Peak touches on ways readers can reshape their mentality. They also go over lesser-known symptoms of bipolar disorder so readers can better identify how deeply bipolar disorder can impact a loved one. They offer helpful resources for those in need of care and support, as well. Readers who wish to learn more can find the blog linked above.

Recovery is possible for all who are currently managing an alcohol use disorder. Pinnacle Peak Recovery inspires people to change their relationship with alcohol and regain control of their lives. To learn more about Arizona alcohol problems and statistics, or to get information on their rehabilitation center, please contact them at (866) 954-0524 or info@pinnaclepeakrecovery.com. They are located at 8070 E Morgan Trail Unit 200 in Scottsdale, AZ.

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For more information about Pinnacle Peak Recovery, contact the company here:Pinnacle Peak

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Pinnacle Peak Recovery

Pinnacle Peak Recovery is a residential and intensive outpatient addiction treatment facility located in Scottsdale, Arizona. We offer nationally recognized, evidence-based treatment options for those needing drug rehab services.

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