

Kalos Medical Spa Adds Votesse Hair Growth Supplements to Hair Restoration Regimen

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Fort Worth, TX?Kalos Medical Spa is excited to announce the addition of Votesse, an innovative oral supplement that promotes sustainable hair growth, to its menu of aesthetic and wellness services. Votesse Hair Health vitamins are clinically proven to combat hair thinning and promote hair growth.

?Votesse vitamins are an ideal addition to our menu of medical spa procedures and treatments, offering a convenient, proven solution to hair loss?a very common concern, which men and women both experience,? said Board-Certified Plastic Surgeon Dr. Emily Kirby, Owner and Director of Kalos Medical Spa. ?Addressing hair loss is important for patients? confidence and well-being. Nurturing hair health from the inside also aligns with the Kalos philosophy of supporting inner and outer beauty.?

Patients who are good candidates for Votesse are advised to take a single daily dose of 3 capsules with food. In a clinical study, patients saw up to a 90% increase in new hair growth within just 3 months of starting the once-daily supplement. With consistent use, Votesse has been clinically shown to reduce hair shedding,

enhance hair thickness, and improve overall hair quality.

?Early adopters of Votesse at Kalos Medical Spa have already reported significant improvements in their hair health,? commented Dr. Kirby. ?This is truly a cutting-edge treatment, requiring no surgical or in-office procedures for patients to see visible results. This aligns with our mission to offer effective treatments we have personally tried and to include a variety of non-invasive options.?

Votesse?s hair growth supplement is scientifically formulated to improve patients? scalp and hair health systemically. Votesse intentionally avoids high doses of biotin, which may only be effective for those with a biotin deficiency (which is rare), and it does not contain any artificially formulated drugs. Instead, the supplement targets root causes of hair loss with naturally powerful active ingredients. It contains the antioxidants n-acetyl-L-cysteine and green tea extract, which neutralize free radicals that can contribute to hair loss. Green tea extract and saw palmetto are also included to stop hair thinning and loss by limiting the hormone dihydrotestosterone (DHT), which directly contributes to hair loss by weakening hair follicles. Capsaicin derived from chili peppers supports the production of insulin-like growth factor-I (IGF-I), which plays an important role in the natural hair growth process.

Further, Votesse has several benefits over other existing popular hair growth supplements: It requires fewer daily pills, and is less likely to irritate the stomach. It is also safe for patients who are unable to take hormones, since Votesse does not contain synthetic or natural xenoestrogens that mimic estrogen.

?We?ve seen many hair growth treatment modalities that simply don?t achieve results, or whose inconvenience outweighs the benefits,? Dr. Kirby explained. ?For an optimal non-invasive hair restoration plan, we typically recommend a combined approach, with both topical or injected treatments, plus a good quality supplement. We were thrilled to discover Votesse, the most effective hair growth supplement we?ve tested to date.?

Kalos Medical Spa patients who are good candidates for hair restoration treatment typically undergo the ?Kalos Hair Plan,? which includes several proven approaches that are used in tandem to optimize hair re-growth.

First, patients meet with an expert team member, who assesses their hair loss history, patterns, and goals in order to determine the appropriate course of treatment. Then, patients begin taking the Votesse Hair Growth Pro Pack. Men who are good candidates may also begin prescription medication simultaneously.

Patients meet with the Kalos Medical Spa team supervised by Dr. Kirby to undergo HydraFacial Keravive scalp treatment, which cleanses the scalp and helps prepare the hair follicles for growth. Platelet-Rich Plasma (PRP) injections are also recommended, as they have been shown to promote hair growth and slow

hair loss.

The team at Kalos Medical Spa works with men and women looking to feel more confident in their appearance through wrinkle treatments, non-invasive body contouring, skin treatments, laser skin treatments, and microneedling.

?We give patients our very best, whether their goal is slowing the aging process or relaxing with a facial,? said Dr. Kirby. ?We?re an actively physician-supervised medical spa, with specialists who are highly trained and experienced in our aesthetic services. We earn our patients? trust by providing safe, effective, and thoughtful care.?

Kalos Medical Spa shares a location with Kirby Plastic Surgery at 5075 Edwards Ranch Rd, Fort Worth, TX 76109. Kalos offers a wide range of treatments designed to enhance beauty and wellness, including Botox®, dermal fillers, facials, chemical peels, RF microneedling, laser skin resurfacing, hair restoration, and much more. For more information about Votesse and other services offered at Kalos Medical Spa, visit their website or call the practice at 817-292-4200.

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Kalos Medical Spa

Kalos Medical Spa?s aesthetic specialists offer non-surgical treatments, including Botox® and dermal filler, in a spa-like setting. Kalos is overseen by Board Certified Plastic Surgeon Dr. Emily Kirby and located within Kirby Plastic Surgery.

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