Nourish House Calls, Chicago, Illinois Questions Why So Few Women Use Effective Treatment For Menopause Symptoms

January 24, 2025

January 24, 2025 -
Chicago, IL - Recent research presented at the annual Menopause Society meeting has shed new light on hormone therapy (HT) for menopausal women, challenging long-held misconceptions and highlighting significant benefits when properly prescribed. The findings emphasize the importance of individualized treatment approaches and informed decision-making in managing menopausal symptoms.

Studies presented at the meeting demonstrate that hormone therapy, when appropriately prescribed, can offer substantial benefits for menopausal women, particularly in managing symptoms and improving heart health. The research indicates that the timing of hormone therapy initiation plays a crucial role in its effectiveness and safety profile.

"These findings represent a significant step forward in our understanding of hormone therapy's role in menopause management with menopause treatment," says Joya Van Der Laan, MSN, FNP-BC of Nourish House Calls.

The research highlights several key benefits of hormone therapy, including improved cardiovascular health when initiated early in menopause. Effective relief of menopausal symptoms and potential protective effects against certain health conditions often lead to enhanced quality of life for many women.

Addressing Cancer Risk Concerns: One of the most significant findings addresses long-standing concerns about cancer risks associated with hormone therapy. The research indicates that these risks may have been overestimated in previous studies, particularly when considering newer formulations and delivery methods.

"We now have better data to help us understand the real risk profile of hormone therapy," explains Joya Van

Der Laan, "This allows us to make more informed decisions about who might benefit most from menopause treatment while identifying those who should consider alternative options."

Healthcare providers are encouraged to: Conduct thorough individual risk assessments. Consider the timing of therapy initiation. Maintain ongoing communication with patients. Stay informed about the latest research and guidelines

The research presented suggests a need for continued study and education in the field of menopause management. "We're entering a new era in menopause care," says Joya Van Der Laan, "One where treatments can be more precisely tailored to individual needs and circumstances."

Impact on Patient Decision-Making: These findings emphasize the importance of informed decision-making in menopause treatment. Women are encouraged to discuss treatment options with healthcare providers. Consider personal risk factors and benefits to stay informed about the latest research. Also to participate actively in treatment decisions

"The key is empowering women with accurate information to make informed choices about their health," notes Joya Van Der Laan. "This research helps clear up many misconceptions that may have prevented women from considering potentially beneficial treatment options."

About Nourish House Calls: Under the leadership of Joya Van Der Laan, MSN, FNP-BC of Nourish House Calls in Chicago, Illinois, the practice has established itself as a leader in regenerative medicine and stem cell therapy, offering advanced treatment options for patients seeking alternatives to traditional medical interventions. Our team of dedicated healthcare professionals is committed to providing comprehensive, patient-centered care that emphasizes both healing and prevention.

Nourish House Calls stands at the forefront of modern healthcare delivery, offering innovative solutions that bridge the gap between traditional medical practices and contemporary patient needs. Our approach combines the personal touch of home visits with advanced medical treatments, ensuring that each patient receives individualized attention and optimal care in the comfort of their own environment.

As a respected member of the medical community, Nourish House Calls maintains the highest standards of patient care while continuously advancing its services through ongoing education, research, and implementation of cutting-edge medical treatments.

###

For more information about Nourish House Calls, contact the company here:Nourish House CallsJoya Van

Der Laan630 828-6944joya@nourishhousecalls.com513 N Warwick AveWestmont, IL 60559

Nourish House Calls

We are a team deeply committed to the holistic well-being of each individual in our care. Our approach melds the best of both worlds ? the familiar aspects of conventional medicine and the deeper, more personalized touch of Functional Medicine.

Website: https://nourishhousecalls.com/

Email: joya@nourishhousecalls.com

Phone: 630 828-6944

NOURISH
HOUSE CALLS