

# PureLee Redefined Medical Spa is One of the First to Offer Functional Wellness Protocols with EmSculpt Neo in Colorado Springs

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Colorado Springs, CO?PureLee Redefined Medical Spa, led by board-certified physicians Dr. Kenya Lee and Dr. Marvin Lee, proudly announces its newest offering: Functional Wellness Protocols with EmSculpt Neo®. PureLee continues to champion a holistic approach to health and wellness as one of the first practices in Colorado to offer this cutting-edge advancement, seamlessly pairing aesthetic and functional benefits to support their clients' needs and goals.

?Functional wellness focuses on how you feel and perform in everyday life,? explained Dr. Kenya Lee. ?We recognize that many of our patients have concerns beyond their aesthetic appearance and are thrilled to provide an innovative, non-invasive way to help them improve muscle strength, mobility, and overall quality of life with EmSculpt Neo.?

EmSculpt Neo is already renowned for its dual-action capability to simultaneously build muscle and reduce fat through High-Intensity Focused Electromagnetic (HIFEM) and radiofrequency (RF) technologies. These newly introduced Functional Wellness Protocols extend the device's applications beyond aesthetic improvements, focusing on key areas that enhance everyday function and well-being, such as retraining muscles after injury or prolonged inactivity, promoting blood flow for enhanced recovery and vitality, increasing flexibility and range of motion, preventing muscle atrophy, and fostering greater resilience.

Dr. Marvin Lee added, ?This treatment bridges the gap between aesthetics and rehabilitation. The muscle tone that these treatments develop can help patients recover from recent or old injuries, manage chronic conditions, or optimize their physical performance. When you combine the increased muscle tone and reduced localized fat, patients are very pleased with both the appearance of the treatment area and most importantly, the functionality they regain.?

The effectiveness of Emsculpt Neo's Functional Wellness Protocols is supported by research. In preliminary data from a clinical study on Emsculpt Neo's impact on joint issues, the results show transformative outcomes such as marked improvement in mobility and range of motion and, most notably, improved joint comfort for 91% of patients. In a separate study evaluating these protocols' efficacy in enhancing muscular function, the results were equally impressive, with nearly all patients reporting restored muscle engagement and normal movement, as well as feeling more comfortable during physical activities.

"As board-certified physicians and co-owners of PureLee Redefined, Dr. Marvin and I are very selective with the treatments we bring into the medspa," Dr. Kenya commented. "We thoroughly vetted the protocols and research behind Emsculpt Neo's functional wellness program and underwent specialized training to be able to maximize the efficacy of these treatments."

The Colorado Springs medical spa has already seen remarkable outcomes for several patients, including one patient who was experiencing reduced mobility in her hips and knees with age and another patient who was kept up at night with knee pain. In both cases, just a few of the Functional Wellness treatments with Emsculpt Neo significantly improved functionality and reduced discomfort.

Dr. Kenya noted, "Most patients feel like their only option to alleviate pain and restore their mobility is to go to physical therapy. PT appointments can be uncomfortable and that's very discouraging when you're already in pain. The relief we see in our patient's faces when they realize that all they have to do is sit back and relax while the device does all the work is really empowering for us."

During a treatment, the Emsculpt Neo device is carefully positioned over the target area and held in place with a soft band if needed. Once the treatment begins, the device stimulates muscle contractions and emits a comfortable warming sensation.

"These contractions are building muscle tone while the heat soothes inflammation, helps burn fat, and increases circulation," explained Dr. Marvin. "We customize the duration and intensity of each treatment to avoid overtaxing the muscles and exacerbating any issues. It's been very exciting to see such remarkable improvements for our patients in such a short time."

The introduction of Functional Wellness Protocols with Emsculpt Neo reflects the Colorado Springs medspa's commitment to addressing a broader spectrum of client needs, from aesthetic enhancement to improved physical health. To hear more real patient stories, follow PureLee Redefined on Instagram and Facebook. For those who are interested in Functional Wellness treatments and would like to schedule an

appointment, please call PureLee Redefined at (719) 452-8541 or book a session on their website.

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## **PureLee Redefined**

*Co-founded by Kenya Lee, MD and Marvin Lee, MD, PureLee Redefined is a medical spa in Colorado Springs, Colorado offering innovative, tailored aesthetic and wellness treatments for patients with all skin types.*

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