



Local Rehab Warns of Psychological Effects of Meth

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Methamphetamine is one of the most consumed illicit substances in Texas. This is why the local rehab center, San Antonio Recovery Center, has dedicated a blog discussing this substance. It's not often that the average person can pinpoint the psychological side effects of meth. By offering a blog educating on this topic, San Antonio Recovery Center hopes to provide a tool that allows more people to get the help they need.

To start off the piece, San Antonio Recovery Center quickly highlights the source of their concern. "Nearly 200,000 adults in Texas reported using methamphetamine in 2021." That number alone should be shocking, but their next fact drives home the topic even further. "In the same year, over 4.6 million adults in Texas were dealing with a mental health condition."

This education piece is much needed in order to better assist Texans in their healing journeys. The relationship between meth and mental health is often overlooked, which is why the local rehab was so dedicated to making this piece easily accessible for all.

"No matter how frequently someone has engaged in meth consumption, it can have an impact on the brain and how it functions." The rehab center explains. "When consumed, meth causes the person to experience things like increased attentiveness, a burst of energy, euphoria, decreased appetite, rapid heartbeat and

respiration, and elevated body temperature.?

In the next section, San Antonio Recovery Center dives into the well-documented, long-term effects of methamphetamine. Some of these effects include memory loss, severe dental problems, and hallucinations, to name a few. The list itself is quite eye-opening, giving readers further insight into how thoroughly methamphetamine can alter someone's behaviors and psyche.

Following that, the rehab center starts to discuss meth withdrawals. ?Like with many stimulants, your brain becomes accustomed to the increased levels of dopamine that are more regularly in the body because of meth. When you become adjusted to a higher baseline of dopamine, going back to normal dopamine levels can easily trigger depression. This is one of the many ways meth withdrawal can impact the brain.?

?Another common outcome of meth withdrawal is continuing to experience long-term symptoms like psychosis, memory loss, and decreased thinking and motor skills.? The rehab center continues. ?Studies show that the structural changes caused in our brain's functionality due to meth can take months to heal.?

San Antonio Recovery Center understands that many people who encounter their blogs are loved ones or individuals who're seeking answers and healing. To assist with this, they dedicate an entire section to helpful resources for recovery and explain how healing from these side effects can happen.

Those who wish to learn more about the psychological effects of meth, or who want to find recovery, can find the blog and its resources linked at the top.

San Antonio Recovery Center, a Texas-based rehab clinic with locations on San Pedro Ave, has been a community partner for years. They utilize their extensive experience treating behavioral health and substance use disorders to take an education-based approach to treatment. With the largest alumni program in San Antonio, they offer support to all at their alumni events, including those who did not attend their center.

To learn more about San Antonio Recovery Center and how they can help, call 866-957-7885 or visit their website.

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For more information about San Antonio Recovery Center - San Pedro, contact the company here:San Antonio Recovery Center - San PedroLiam Callahan210-361-5975lcallahan2@baymark.com7122 San Pedro Ave #114 San Antonio, TX 78216

San Antonio Recovery Center - San Pedro

San Antonio Recovery Center is based strongly on the 12-step treatment philosophy that has helped millions regain control of their lives. This successful San Antonio program emphasizes the recognition and identification of addictive behavior patterns.

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