



Lafayette Cosmetic Surgeon Becomes Brazilian Butt Lift (BBL) Safety Certified

February 12, 2025

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Lafayette, LA?Dr. J. Kevin Duplechain, a leading Lafayette cosmetic surgeon, is proud to announce the completion of an additional patient safety certification: the Brazilian Butt Lift Safety certification. This optional certification is awarded by the American Board of Cosmetic Surgery (ABCS), the only certifying medical board that exclusively tests a surgeon?s aptitude in cosmetic surgery procedures, and reflects Dr. Duplechain?s dedication to keeping abreast of the latest advances in both surgical protocols and patient safety.

?My practice is nationally respected and has always prioritized patient safety, no matter how minor or major the procedure may be,? said Dr. Duplechain. ?As well, the process of board certification is exhaustive, so board-certified surgeons like myself are already well-equipped to safely deliver wonderful outcomes. Still, I wanted to earn this additional certification to show patients I am current on all best practices for performing a Brazilian Butt Lift, and an outside party has verified this fact. I hope it helps our patients feel confident that they are in the best hands, whether they are undergoing a BBL or any other cosmetic procedure.?

The Brazilian Butt Lift (BBL) has surged in popularity over recent years due to its ability to enhance body contours. Using the patient's own fat, which is harvested from various body areas such as the abdomen, thighs, or back, the BBL procedure helps add shape, projection, and fullness to the buttock area while also slimming other areas with targeted liposuction for fat reduction. The opportunity to improve both the appearance of the buttocks and remove stubborn fat deposits (that are often diet and exercise-resistant) is one of the most notable advantages of a Brazilian Butt Lift.

However, like any surgical procedure, a Brazilian Butt Lift is not without its risks, the most serious being pulmonary fat embolism (PFE), which can be life-threatening if not immediately and properly managed. Recognizing the importance of demonstrating he knows how to avoid this serious complication, Dr. Duplechain completed the rigorous Brazilian Butt Lift Safety exam, which tests knowledge of essential techniques and protocols designed to avoid instances of PFE as well as other potential adverse effects.

The exam emphasizes several key safety measures including subcutaneous fat injection, which helps to ensure fat is injected only in the subcutaneous plane, just beneath the skin, to avoid the highly vascular muscle area; utilizing larger, blunt-tip cannulas with a diameter of at least 4 millimeters to prevent fat entering small blood vessels; and implementing an upward or parallel angle during fat injection to secure placement exclusively in the subcutaneous plane. Surgeons that understand these techniques significantly reduce the risk of BBL complications.

Dr. Duplechain noted, "Following these protocols is not only critical to safety; they also help patients experience superior results. More careful placement of fat in ideal areas can help limit swelling and bruising for a shorter recovery and may help increase the survivability of the transferred fat. Artistry is also key in fat transfer procedures, so I am meticulous in how much fat I add, and in where I place it, when shaping the buttocks and surrounding areas."

The option to obtain the Brazilian Butt Lift Safety certification from the ABCS is timely, as the number of surgeons offering cosmetic procedures continues to increase, making it paramount that patients take time to verify a doctor's credentials for the safety and success of their surgery.

Dr. Duplechain commented, "My hope is that this added certification will give my patients more peace of mind throughout their treatment and recovery experience, which is ultimately important to healing with the best possible results."

With over 20 years of experience in surgical and non-surgical cosmetic procedures, Dr. Duplechain is

renowned for compassionate care and outstanding results. His cosmetic surgery center in Lafayette and in-house medical spa, Laser Skincare of Louisiana, are located at 1101 Kaliste Saloom Rd #300, Lafayette, LA 70508. They aim to offer the safest, most advanced services, from surgical body contouring to non-invasive skin rejuvenation. Those interested in learning more about the safety measures Dr. Duplechain and his expert team of aesthetic professionals implement are invited to call the practice at (337) 456-3282 to schedule a consultation or visit their website.

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For more information about J. Kevin Duplechain, MD, FACS, contact the company here: J. Kevin Duplechain, MD, FACS Megan Lemoine (337) 456-3282 megan@drduplechain.com 1101 Kaliste Saloom Rd #300, Lafayette, LA 70508

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certified by the American Board of Otolaryngology ? Head and Neck Surgery. Since then, he has continued his medical education, earning certification in Facial Plastic and Reconstructive Surgery in 1995 and scoring one of the highest scores on the oral examination of the American Board of Facial Plastic Surgery during that examination year. Continuing his education process, Dr. Duplechain eventually became certified by the American Board of Cosmetic Surgery. Dr. Duplechain believes that staying on top of advancements in the medical field keeps his skills sharp and benefits his patients. For that reason, he regularly attends medical conferences as both a student and a teacher?learning from other experts and teaching courses about techniques he has developed. He?s a frequently invited guest at major aesthetic meetings throughout the country. In addition to running a full-time cosmetic surgery practice, Dr. Duplechain has served in many different capacities both locally and nationally. He has served in many board positions, including as president of the Medical Executive Committee of physician-owned hospital Lafayette Surgical Specialty Hospital, and he is co-founder and managing partner of Laser SkinCare of Louisiana, which offers the latest techniques in skin rejuvenation. Dr. Duplechain currently serves as president of the American Academy of Cosmetic Surgery (AACS), for which he has also helped organize and teach many surgical workshops, including an annual cadaver dissection course. The American Academy of Cosmetic Surgery is one of the largest educational organizations for physicians interested in cosmetic surgery and was founded over 40 years ago by Harvard-trained plastic surgeon Dr. Richard Webster. Dr. Duplechain also directs an annual AACS-certified fellowship training program, in which he offers hands-on cosmetic surgery training to surgeons specializing in cosmetic surgery after their residency. In the past, he has served as chairman for the American Society of Cosmetic Laser Surgery and has held various leadership roles, including secretary and treasurer, for the American Board of Cosmetic Surgery. As a member of the American Academy of Facial Plastic and Reconstructive Surgery, he has served on the emerging trends committee and volunteered with Face to Face humanitarian programs providing needed reconstructive surgeries pro bono. He also was a member of the Young Surgeon?s Committee for the American College of Surgeons, among other contributions.",

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J. Kevin Duplechain, MD, FACS

Dr. Duplechain, along with associate surgeon Dr. William Ishee, offers a comprehensive range of face and body cosmetic surgical procedures. The practice also has a full service med spa, Laser SkinCare of Louisiana.

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