



## **Renowned Personal Finance Reviewer Kyle Burbank Awards Five Stars to "Buy What You Love Without Going Broke"**

*March 10, 2025*

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Fioney.com, a leading online resource for actionable personal finance guidance, today announced a stellar 5-star review for "Buy What You Love Without Going Broke" by Jen Smith and Jill Sirianni. The review, penned by personal finance expert Kyle Burbank, highlights the book's unique approach to values-based spending and its relatable, non-judgmental tone.

Burbank, the head writer for Fioney.com, praised the book for its refreshing perspective on personal finance. Unlike many books in the genre that cater to those already financially secure, "Buy What You Love Without Going Broke" offers practical advice for individuals at all income levels. The book emphasizes aligning spending with personal values, moving beyond traditional budgeting to create a more fulfilling financial life.

Key Takeaways from the 5-Star Review:

**Values-Based Spending:** Burbank emphasizes the book's core philosophy of values-based spending, which encourages readers to identify their priorities and align their spending accordingly. This approach moves beyond restrictive budgeting, allowing individuals to spend consciously on what truly matters to them.

**Nuance and the "Radical Middle":** Burbank lauded Smith and Sirianni's embrace of nuance and their concept of living in the "radical middle." This approach acknowledges that personal finance is not one-size-fits-all and encourages readers to find a balance that works for their unique circumstances.

**90-Day Transaction Inventory:** The review highlights the book's practical advice, including the recommendation for a 90-day transaction inventory. This exercise encourages readers to review their spending habits with curiosity, not criticism, to identify patterns and areas for improvement.

**Relatable Tone and Practical Examples:** Burbank praised the book's breezy, approachable tone, which makes complex financial concepts easy to understand. He also appreciated the specific, personal examples throughout the book, which demonstrate the authors' real-world experience and understanding of financial challenges.

**Contentment Without Complacency:** The review emphasizes the book's exploration of the balance between contentment and complacency, a struggle many individuals face in their financial lives. This chapter resonated deeply with Burbank, inspiring him to consider a "full money reset."

**Quote from the Review:** "Of all the personal finance books I've read over the years, \*Buy What You Love Without Going Broke\* is easily the one that I've identified with the most? Overall, though, I just found the book to be incredibly inspiring and motivating... I now feel like I'm due for a full money reset," said Kyle Burbank, Fioney.com.

**Why This Book Stands Out:** In his review, Burbank notes that "Buy What You Love Without Going Broke" stands out for its ability to connect with readers on a personal level. The book's emphasis on values-based spending, combined with its relatable tone and practical advice, makes it a valuable resource for anyone seeking to improve their financial well-being. While the book touches on basic subjects like budgeting and investing, it doesn't delve into deep dives on the topics, so the authors provide a free resources list to continue the financial journey.

**Kyle Burbank: A Trusted Voice in Personal Finance** - Kyle Burbank has established himself as a credible authority in the personal finance community through his extensive writing and insightful reviews. As head writer for Fioney.com, he consistently provides readers with thoughtful analyses of financial products, services, and literature. His commitment to enhancing financial literacy is evident in his regular contributions, including his curated list of top personal finance books to kickstart 2025.

## About Fioney

Fioney.com is a leading online platform dedicated to providing accessible and actionable personal finance guidance. Through expert articles, reviews, and resources, Fioney.com empowers individuals to take control of their finances and achieve their financial goals. Fioney.com covers a wide range of topics, including budgeting, saving, investing, debt management, and more.

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## Fioney

*Founded in 2015, Fioney seeks to bring the most relevant personal finance, small business, and FinTech news to readers alongside in-depth reviews, guides, and insights.*

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