



Amie Nelson Founder of YouMoms and Women?s Ministry Director at Calvary Chapel W.P.B Shares Moving Childhood Trauma and Adoption Story on Recovery On Air

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MARGATE, Fla. ? On Saturday, January 9th, YouMoms founder Aimee Nelson shared her compelling story of survival on Recovery On Air. Her personal story of her recovery from trauma and childhood issues has been her personal motivation for helping others. She discussed her mission for the YouMoms Program and detailed her work at the Calvary Chapel Church in West Palm Beach, Florida with Dr. Barry Gregory, host of the show.

Aimee detailed her mission in life which is to empower and equip women to walk in their purpose regardless of their past. She leads several programs and projects at Calvary Chapel of the Palm Beaches, volunteers in the children?s ministry, and she often sings with the worship team at her church. She serves as the Founder and Executive Director of YouMoms Motherhood Mentoring Program, a nonprofit, which was created to encourage and support pregnant women and teens as they face the challenges of motherhood. She also leads ?The Open Door? as Executive Director where their goal is to educate Teen Moms and help them

break generational cycles two generations at a time, one by supporting the mother and the other by educating her child.

Prior to changing her entire life and direction, Amiee suffered from issues of self-esteem and abandonment resulting from her childhood adoption and an unplanned teen pregnancy. Mrs. Nelson who was born and raised in Rivera Beach, Florida soon realized that she needed to make serious personal changes. She relied on her deep faith to help her turn her life around.

Nelson shared her compelling story on Recovery On Air which airs every Saturday at 9:00 a.m. on 640 AM. The show broadcasts live on www.640sports.com.

Aimee's inspirational story of overcoming trauma and adoption has inspired her to reach out to women with unplanned pregnancy to provide spiritual and emotional support. As a wife and mother of four beautiful children, she is a powerful example and a role model for women in need of treatment and recovery," said Dr. Barry M. Gregory, Ed.D., M.Ed., LMHC, clinical director of Reflections Treatment Center and host of Recovery On Air Radio Show. "She is living proof of what's possible if you face your life issues head on and do the work to heal and live a healthy, productive and sober life and her work with mothers has the potential to improve the next generation."

Recovery On Air is produced by Reflections Treatment Center, an outpatient facility located in Margate, Florida that was founded by Kenny Chatman. The facility's staff is dedicated to the physical, mental and spiritual recovery of those suffering from substance abuse and the diseases of alcoholism and addiction. Mr. Chatman sits on the board at YouMoms.

For more information about Recovery Live or Reflections Treatment Center, visit www.reflectionstreatmentcenter.net.

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For more information about Reflections Treatment Center, contact the company here: Reflections Treatment Center
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Reflections Treatment Center

Reflections Treatment Center is recognized for implementing evidence-based addiction treatment strategies to treat the chronic brain disease of addiction. Reflections promotes sobriety and wellness through a combination of spiritual,

physical counseling.

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