## Liposuction Tumescent Method Certified According To International Care Standards

January 27, 2016

January 27, 2016 - PRESSADVANTAGE -

Canberra Australia: The tumescent method of liposuction, a method which offers painless fat reduction and body sculpting, is certified according to international care standards. John Smith of Liposuctionguru has created a website which offers information about various procedures which come under the heading of liposuction. The growing popularity of this procedure has raised interest among men and women about how it can be used to look and feel better. The purpose is to help those considering the procedures to become informed about advantages and disadvantages of cosmetic procedure to reshape the body.

The recommended tumescent technique uses local anesthesia, specifically lidocaine. The local injection eliminates the necessity of sedatives or narcotics during the surgical procedure. Because general aesthetic is not required, the rate of recovery is faster and less stressful for the body. There is also less likelihood of infection at the site of the procedure. The lipo techniques can be used under the chin, upper arms, buttocks and thighs and abdominal areas.

For clients who have loose abdominal skin, a tummy tuck may be the best solution. It is important to understand the differences between a tummy tuck, also known as abdominoplasty, and lipo procedures. Abdominoplasty is a surgical procedure. It removes pockets of fat from the abdominal area. When the client has had difficulty in getting rid of flab, this procedure may be the solution. Abdominoplasty should be the last stage in a major weight loss program.

In contrast to the two previous methods for body reshaping, breast augmentation adds to the body, rather than removing unwanted tissues. The bust-line procedure is also known as mammoplasty. For women with small breasts, augmentation can increase the size. Another reason for augmentation is to restore the shape and position of breasts following a pregnancy. In some instances, mammoplasty is used to correct the profile of the breasts following significant weight loss.

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