



## **Kalos Medical Spa in Fort Worth Now Offering Semaglutide & Tirzepatide Weight Loss Injections**

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Fort Worth, TX?Kalos Medical Spa is pleased to announce the addition of GLP-1 weight loss injections with semaglutide and tirzepatide to the Fort Worth practice?s wellness and body contouring offerings. These groundbreaking medications provide safe, effective support for sustainable weight loss, giving patients a powerful new option for achieving their health and aesthetic goals?all under the guidance of board-certified plastic surgeon Dr. Emily Kirby.

?As a plastic surgeon, I understand that weight loss is often the first step in a larger personal transformation,? said Dr. Kirby, Founder and Medical Director of Kalos Medical Spa and Kirby Plastic Surgery. ?By offering semaglutide and tirzepatide, we?re supporting our patients with medical treatments that help them lose weight safely and sustainably?while also being here to guide them through the next steps of their journey.?

Semaglutide and tirzepatide are part of a class of medications called GLP-1 receptor agonists. These medications work by mimicking natural hormones that regulate appetite, blood sugar, and digestion. Patients receiving GLP-1 injections often experience decreased cravings, improved satiety, and steady weight loss without the extreme restrictions of crash diets or the burnout of unsustainable exercise regimens.

At the Fort Worth med spa, patients begin with a comprehensive consultation and lab work to determine if semaglutide or tirzepatide is the right choice based on their health history, goals, and lifestyle. Patients then receive once-a-week injections for several months. Beyond the medications themselves, the weight loss program at Kalos Medical Spa emphasizes total-body wellness. Patients receive guidance on nutrition and physical activity, ensuring weight loss comes from fat rather than lean muscle. Muscle mass plays a crucial role in aesthetic appearance and other important health aspects, such as preserving bone density.

Dr. Kirby explained, "This is about long-term, real-life results. We're not just giving patients a prescription, we're giving them a plan, clinical oversight, and encouragement from a team who understands how to help them reach and maintain their goals. We approach our GLP-1 treatments with the same thoughtful care and professionalism as we do for any other procedure we offer. That's what sets us apart from online suppliers or minute-clinics that offer little to no support."

One of the most significant advantages of choosing a medical spa under the direction of a plastic surgeon is continuity of care. Kalos patients can complement their weight loss results with customized body contouring treatments, both surgical and non-surgical. Whether patients are looking to address stubborn fat pockets, tighten loose skin, or refine their silhouette, Dr. Kirby and her team at Kirby Plastic Surgery provide the full spectrum of advanced aesthetic options.

"Many patients are thrilled with their appearance from GLP-1s alone, but for some patients, reaching their weight loss goals presents new aesthetic concerns," said Dr. Kirby. "We want our patients to know we are here to help them complete their transformation if weight loss is not the final step in achieving the look they desire."

With the addition of GLP-1 medications, Kalos Medical Spa reinforces its commitment to offering science-backed, patient-centered treatments that reflect the latest advancements in medical aesthetics and wellness. As with all services offered at the Fort Worth med spa, medical weight loss plans are delivered with clinical integrity, compassionate care, and an eye toward each patient's personal transformation.

Those interested in GLP-1 weight loss injections can schedule a consultation at Kalos Medical Spa, located within Kirby Plastic Surgery at 5075 Edwards Ranch Rd, Fort Worth, TX 76109. The practice can be reached at (817) 292-4200 or at [www.kalosmedicalspa.com](http://www.kalosmedicalspa.com).

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For more information about Kalos Medical Spa, contact the company here: Kalos Medical Spa  
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## Kalos Medical Spa

*Kalos Medical Spa's aesthetic specialists offer non-surgical treatments, including Botox® and dermal filler, in a spa-like setting. Kalos is overseen by Board Certified Plastic Surgeon Dr. Emily Kirby and located within Kirby Plastic Surgery.*

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