

Philadelphia Plastic Surgeon Dr. R. Brannon Claytor Featured in Wall Street Journal Article on Ozempic and Body Lift Plastic Surgery

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Philadelphia, PA?Dr. R. Brannon Claytor, board-certified plastic surgeon at Claytor Noone Plastic Surgery, was recently featured in a Wall Street Journal article about the surge in body lifting plastic surgery requests following dramatic weight loss from Ozempic, Mounjaro, and other GLP-1 medications. The piece explored how patients are turning to surgical options like body lifts to remove excess skin after rapid weight reduction, which can be important to help patients feel comfortable after weight loss has left them with excess skin on the body and/or face.

?When patients come in after losing 50 to 100 pounds on Ozempic, they?re often surprised by the loose skin they?re left with, ? Dr. Claytor explained. ?They want to feel that the hard work and discipline they invested in weight loss is fully reflected in their appearance, and a body lift can provide a transformation that helps their weight loss journey feel complete.?

While bariatric surgery patients have long sought body lifts, the article explains that the new wave of younger weight-loss patients using these medications is fueling a spike in demand for procedures that tighten skin around the abdomen, back, buttocks, and other areas. Body lifts, which may be also termed 360-degree body lifts or lower body lifts, may include skin removal and body contouring in any combination of these areas. Arm lifts and even neck lifts are also frequently included in the surgical plan, though procedures may need to be completed in several phases for patient safety.

Dr. Claytor is a passionate patient educator who has long been recognized for his expertise in helping patients achieve their aesthetic goals. His experience includes a wide range of surgical and nonsurgical solutions so that each patient?s plan is uniquely tailored. The recent increase in patients seeking help for sagging skin after using GLP-1 medications like Ozempic has prompted him to offer more educational resources on this topic, including blog posts.

He continued, ?It?s important for patients to understand that GLP-1 medications are just the beginning of a journey. The body lift procedures?whether it?s a tummy tuck, thigh lift, or arm lift?are able to address the cosmetic and functional challenges of excess, sagging skin.?

The Wall Street Journal article also interviewed several patients, including a patient of Dr. Claytor?s who underwent several procedures over time to contour her body after losing weight with GLP-1 type medications.

As Chief of Plastic Surgery at Bryn Mawr Hospital, Dr. Claytor is no stranger to complex procedures. His familiarity with advanced body lift techniques allows him to address concerns that can range from abdominal skin laxity to sagging in the upper arms, thighs, or even the neck area.

?Careful pre-operative planning and thorough post-operative support significantly impact patient satisfaction,? commented Dr. Claytor. ?And managing expectations is crucial. There is a healing period, and patients need support to make the best lifestyle decisions. But the end result?feeling confident in your own skin?makes the effort worthwhile.?

Dr. Claytor encourages individuals to consult with a board-certified plastic surgeon to discuss realistic results and to create a customized treatment plan that considers their overall health, skin quality, and aesthetic preferences.

?Every patient?s journey is different,? Dr. Claytor says. ?If someone has been on Ozempic or a similar GLP-1 medication, we take a full medical history and analyze the safest, most effective approach to achieve their desired appearance. It?s rewarding to guide people through the final step of their transformation, helping them fully enjoy the benefits of significant weight loss.?

Claytor Noone Plastic Surgery is located at 135 S Bryn Mawr Ave Suite 300, Bryn Mawr, PA 19010. For more information about Dr. R. Brannon Claytor?s practice or to schedule a consultation, call the practice at 610-527-4833.

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Claytor Noone Plastic Surgery

Dr. R. Brannon Claytor of Claytor Noone Plastic Surgery is a nationally-recognized, board-certified plastic surgeon serving Philadelphia and the Main Line. He is committed to providing his patients with cutting-edge care that yields exceptional results.

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