



## **SafeAir Mold Testing of Durham Releases New Blog Detailing the Health Risks of Mold on Clothing and What Residents Can Do About It**

*April 07, 2025*

April 07, 2025 - PRESSADVANTAGE -

Durham, North Carolina ? SafeAir Mold Testing of Durham has published a new blog post focused on an issue that many residents may overlook: mold on clothing. The blog, titled "Is Mold on Clothes Harmful? Health Risks and Solutions," is now live on the SafeAir Mold Testing website. This article provides essential information for people in the Raleigh-Durham area who may be dealing with mold exposure in their homes, especially in closets, laundry rooms, or poorly ventilated storage spaces.

The owner of SafeAir Mold Testing, Jeremy Shelton, continues to lead the company in providing accurate, honest information about mold testing and indoor air quality. This latest blog post supports that goal by addressing a common question that clients ask: can mold on clothing cause harm? The answer, as the blog explains, is yes. Mold on clothes is not just a nuisance. It can cause health problems and signal deeper indoor air issues.

The blog explains in clear terms that mold can grow on clothing when moisture is present. This often happens when clothes are left damp, stored in humid places, or not dried completely. Mold spores land on the fabric, and if conditions are right, they begin to grow. These mold colonies produce allergens and irritants that can affect people who come into contact with them. The blog notes that moldy clothes may release particles into the air, which people then breathe in. This exposure can lead to symptoms such as sneezing, coughing, itchy eyes, and in more serious cases, respiratory issues.

SafeAir Mold Testing outlines the importance of understanding how mold on clothes can affect health. The blog notes that sensitive individuals, such as children, elderly people, and those with allergies or asthma, may experience stronger reactions. The article also states that wearing moldy clothing can irritate the skin and lead to rashes or discomfort. In some cases, mold spores from clothing can spread to furniture, carpets, and other surfaces, leading to a larger indoor contamination problem.

The article provides clear steps people can take to handle the problem. It states that the first step is to identify the presence of mold on clothes. This may appear as black, green, or white spots and may come with a musty smell. The blog advises that if mold is visible or the smell is strong, the clothes should be cleaned immediately or thrown away if they cannot be salvaged. Washing clothes with regular detergent is often not enough. The article recommends using hot water and adding vinegar or baking soda to help kill mold. However, if the mold is extensive or keeps returning, this could mean there is a larger problem in the home.

SafeAir Mold Testing stresses that persistent mold on clothing may point to poor air quality or hidden moisture sources. In such cases, professional mold testing becomes important. The blog explains that testing can help find hidden mold in walls, ceilings, or other parts of the home that may be feeding the problem. By identifying these sources early, homeowners can prevent further damage and protect their health.

Jeremy Shelton and his team at SafeAir Mold Testing use advanced tools to check air quality and surface contamination. Their testing process helps homeowners understand where mold is coming from and what steps are needed to fix it. The company does not sell removal services, so clients receive honest results without a conflict of interest. This approach gives clients confidence that the advice they receive is based on accurate data and not tied to selling a cleanup service.

The blog also discusses how to prevent mold from growing on clothes in the future. It recommends drying clothes completely before storing them, using dehumidifiers in damp rooms, and ensuring closets and storage areas have proper ventilation. These steps help reduce moisture and stop mold before it starts. The blog emphasizes that prevention is more effective and less costly than dealing with mold after it spreads.

By publishing this blog, SafeAir Mold Testing shows its continued focus on public education and health. The company serves the Raleigh-Durham area with accurate, science-based mold testing and provides clients

with clear explanations about their indoor air quality. This new article on mold and clothing is part of a larger effort to help residents understand how mold affects their homes and what they can do to stay safe.

Jeremy Shelton believes that information should be easy to understand and practical. He makes sure all communication from SafeAir Mold Testing follows this standard. The new blog uses simple language and direct advice so that readers can take action without confusion. Whether someone is dealing with a mold problem now or wants to avoid one in the future, the article provides value that can make a difference.

Durham and Raleigh homeowners who want to learn more about mold on clothing and its risks can read the full article at the link below. SafeAir Mold Testing encourages anyone with ongoing mold concerns to schedule a professional test. The team is ready to help clients take the next step toward healthier air and safer living conditions.

The full blog post is available here:  
<https://safeairmoldtesting.com/is-mold-on-clothes-harmful-health-risks-and-solutions/>

For more information about SafeAir Mold Testing in Durham, visit the company website.

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*SafeAir Mold Testing provides Durham, NC with complete mold inspection and mold testing services.*

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