Revitalize Your Appearance: Eyelid Lift Surgery Now Available in Limassol at EIPS

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Limassol, Cyprus?Residents of Limassol now have access to a cutting-edge solution for combating signs of aging around the eyes, such as drooping eyelids or under-eye bags, thanks to a transformative procedure offered by Dr. Demetris Stavrou at the Limassol branch of the European Institute of Plastic Surgery (EIPS). Eyelid lift surgery, or blepharoplasty, effectively revitalizes patients' appearance by removing excess skin, muscle, and fat from the eyelids, delivering a fresher, youthful look.

The procedure addresses aesthetic concerns and functional issues, such as impaired vision caused by sagging upper eyelid skin. Thousands of patients choose blepharoplasty yearly to rejuvenate their appearance and boost self-confidence. Aging naturally leads to droopy eyelids, puffiness, and under-eye bags, significantly affecting an individual's appearance and making them seem older or fatigued. Factors such as sun exposure, smoking, and genetics may further accelerate these aging signs around the eyes.

Blepharoplasty at EIPS in Limassol is an outpatient procedure, typically completed within one to two hours. Depending on individual patient needs, Dr. Stavrou utilizes local or general anesthesia, ensuring maximum comfort throughout the surgery. The operation involves making precise incisions strategically placed within

natural eyelid creases to minimize visible scarring, allowing discreet healing. Upper eyelid surgery reshapes the area between the eyelashes and the eyebrow, addressing sagging skin and excess fat. The surgery tackles puffiness and sagging for the lower eyelids by removing excess skin, muscle, and fat or repositioning these tissues to restore a smooth and youthful contour.

A particular advantage of blepharoplasty is its long-lasting effects. Most patients see enduring results, with improvements sustained over several years or, in many cases, permanently. Recovery following the procedure generally involves mild swelling and bruising, characterized by slight puffiness around the eyelids and light discoloration, both typically subsiding significantly within a few days, with most patients experiencing noticeable improvement soon thereafter. Patients receive clear post-operative instructions from Dr. Stavrou, including applying cold compresses and maintaining a slightly elevated head position during rest. The doctor may also prescribe pain relievers and specific guidelines to care for the eyelids, ensuring rapid and comfortable recovery.

Patients typically resume reading and other routine activities within two to three days after surgery and return to work in approximately five to ten days. However, during the initial recovery period, they are advised to avoid strenuous activities, heavy lifting, prolonged screen time, and environments that could irritate the eyes, such as dusty or smoky areas. More vigorous activities and alcohol consumption are usually safe to resume after about three weeks. While initial improvements become noticeable within six days, the full results of blepharoplasty generally manifest within three to four months post-surgery. Patients commonly report appearing approximately six to eight years younger following the procedure.

Dr. Stavrou's expertise in performing this specialized surgery extends beyond aesthetic considerations. Eyelid lift surgery at EIPS Limassol effectively corrects eyelid asymmetry and can significantly improve vision impediments associated with sagging upper eyelids or conditions such as Thyroid Eye Disease?a challenging condition characterized by inflammation and swelling around the eyes?which requires highly specialized surgical care and precise techniques.

The European Institute of Plastic Surgery in Limassol is fully equipped to provide superior medical care, adhering strictly to European safety and healthcare standards. Dr. Stavrou, a board-certified plastic surgeon, leads EIPS with extensive international experience, having trained at top institutions in Greece, the United Kingdom, Australia, and Israel. His meticulous attention to detail and commitment to patient comfort and safety ensures optimal surgical outcomes.

In addition to eyelid lift procedures, EIPS Limassol offers a comprehensive range of plastic surgery services, with treatments frequently combined according to patient needs, such as rhinoplasty and neck lifts. Each patient at EIPS receives individualized care within a luxurious, exclusive environment designed to enhance their overall experience and recovery process.

Patients who have undergone procedures with Dr. Stavrou consistently report positive experiences and remarkable satisfaction with their outcomes, praising his professionalism, compassionate approach, and the supportive care provided by the entire EIPS team.

Individuals considering eyelid surgery to address cosmetic concerns or vision impairments caused by sagging skin now have an expert resource available in Limassol. Dr. Demetris Stavrou and the dedicated team at the European Institute of Plastic Surgery in Limassol continue to provide exceptional results through advanced surgical techniques, helping patients achieve a revitalized, youthful appearance.

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European Institute of Plastic Surgery

European Institute of Plastic Surgery (EIPS) is a plastic surgery clinic, led by the Plastic Surgeon Demetris Stavrou. Dr. Demetris Stavrou performs a wide range of plastic surgeries, from facials to body, breast & other skin treatments.

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