Recovery Experts Illuminate How Medication-Assisted Treatment Clinics Empower Communities

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Knoxville, TN ? ReVIDA® Recovery is a local rehabilitation organization that specializes in treating opioid use disorder (OUD) using medication-assisted treatment (MAT). Their goal is to support as many people as possible in Appalachia during their recovery from OUD and our communities. ReVIDA® recently published an article about the role MAT clinics play in local communities.

?MAT clinics help people by providing them with the support they need to be successful in their recovery from OUD. Medication is an extremely useful tool for treating OUD, especially early in recovery. Withdrawal symptoms and cravings are two of the biggest reasons that people return to use. By reducing those symptoms, MAT improves outcomes for people in recovery. This isn?t just based on our observations. In studies, Suboxone treatment has been shown to improve outcomes for people with OUD substantially.

Medication is just one aspect of what MAT clinics do to help people. MAT is most effective when it?s used in combination with therapies, as stated above. MAT clinics also provide people with connections to other people who are working toward a life without opioids. This sense of community is important when you?re in recovery. Often, OUD feels very isolating. It can be difficult to believe that it?s not just you. There are people

in your community who have had similar experiences,? the article states.

MAT clinics support the recovery process beyond the medication and treatment options they offer. They also provide patients with access to other vital resources.

?Recovering from OUD impacts practically every aspect of someone?s life. That?s why, at ReVida® Recovery, we also set you up with a care coordinator who will connect you with additional resources like SNAP, housing, and employment opportunities. Your care coordinator can also help you deal with court letters, custody proceedings, and other legal issues related to substance use,? the article continues.

There are three major ways that MAT clinics support the wider community. The first is by providing financial assistance to people who are uninsured and underinsured. MAT saves lives, and ensuring that people have access to resources when they need them is a fundamental part of what makes MAT clinics so important.

The second way that MAT supports the community is by working with community partners to raise awareness about OUD. ReVIDA® is proud to partner with multiple community organizations throughout West Tennessee, including the United Way, Appalachian Mountain Project Access, C.H.I.P.S. Family Violence Center, and more.

MAT clinics also support the community by providing free education and other resources regarding OUD. Ensuring that the wider community has a fundamental understanding of what OUD is and how it impacts people is a cornerstone of effectively treating the condition for the long term. Dispelling myths reduces the stigma around opioids and makes community spaces a safer place for people in recovery.

?The goal of MAT clinics is to make recovery more attainable for individuals with OUD. Through hard work and determination, each of our patients improves their quality of life. We provide them with the guidance, support, and tools they need to do so,? the article concludes.

ReVIDA® Recovery has years of experience treating OUD in Tennessee and Virginia. Their outpatient program includes individual therapy sessions, group therapy, and MAT with Suboxone and Sublocade. Their staff has seen how successful MAT is in treating this life-threatening disorder and are fully committed to doing their part to end the opioid epidemic. To learn more about ReVIDA® Recovery, call 423-631-0432 or visit their website.

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ReVIDA® Recovery Knoxville

ReVIDA® Recovery promotes safe and healthy communities by empowering individuals to reclaim their lives from opioid use disorder.

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