Air Allergen and Mold Testing Shares Crucial Insights in New Blog on Rising Pollen and Mold Levels in Atlanta

April 15, 2025

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Atlanta, GA ? Air Allergen and Mold Testing has released a new blog post warning Atlanta residents about a major rise in pollen and mold levels this season. The company, a long-standing expert in indoor air quality testing, is urging the public to stay informed and take steps to reduce health risks related to poor air conditions.

The blog, titled ?Atlanta Faces Record High Pollen and Mold Levels: What Residents Should Know?, provides clear and timely information about current air quality concerns in the region. It outlines key issues facing the public, especially people who suffer from allergies, asthma, or respiratory conditions. The post explains how pollen and mold counts have reached record highs and describes how this rise can affect daily life and overall health.

Alex Laldin, Marketing Director at Air Allergen and Mold Testing, said that awareness is the first step in protecting health during such extreme conditions. ?This year, we?re seeing pollen and mold levels that are far above what Atlanta usually experiences,? Laldin explained. ?Many people feel the effects right away. Sneezing, coughing, itchy eyes, and breathing problems are just a few signs that something?s wrong with the air. Our goal is to make sure people know what?s happening and what they can do about it.?

The company?s recent blog draws on up-to-date environmental data, and it explains in simple terms how outdoor levels of pollen and mold can enter homes, offices, and schools. Once indoors, these particles settle on surfaces, circulate through air systems, and continue to affect health. Air Allergen and Mold Testing stresses the importance of checking both outdoor air reports and indoor air quality to stay ahead of problems before they become serious.

Laldin added, ?We want residents to understand that indoor air is just as important as outdoor air. Even if you stay inside to avoid high pollen counts, your home can still contain particles that trigger symptoms. Testing helps identify the problem and gives people the information they need to act.?

The blog also includes advice on how to reduce exposure. Suggestions include using high-efficiency air filters, changing HVAC filters more often during allergy season, and keeping windows closed during high-count days. The company also reminds people to avoid bringing pollen inside by changing clothes and washing hands after outdoor activities.

Air Allergen and Mold Testing has served the Atlanta area for over 20 years. Their focus is on providing clear, scientific reports that help property owners understand what?s in their air and how it may affect health. The team includes microbiologists, certified inspectors, and indoor air specialists who conduct on-site testing and deliver written results without bias or sales pressure.

In the blog, the company explains the link between outdoor weather conditions and indoor mold. Warm temperatures and recent storms have created the ideal setting for mold to grow both inside and outside buildings. High humidity levels, combined with organic materials like wood and drywall, make homes and commercial spaces more prone to mold issues. Laldin pointed out that early signs of mold problems can be easy to miss. ?If your house smells musty or you feel worse in certain rooms, that?s a red flag,? he said. ?You don?t need to see mold for it to be there. Testing can confirm what?s present, and that?s the first step to fixing it.?

Air Allergen and Mold Testing?s message is clear: people need to act early, stay informed, and seek professional testing if they notice signs of poor indoor air quality. The new blog post makes this point throughout, with a strong focus on how science and data can help protect personal health.

The blog is part of the company?s ongoing effort to share useful, easy-to-understand information with the public. With growing concern about environmental health, the company sees education as a major part of its work. Laldin emphasized this in his remarks. ?It?s not just about testing. It?s about giving people tools to make better choices. We know people are busy and need facts they can trust. That?s what we provide in every report and every blog we publish.?

Air Allergen and Mold Testing continues to lead efforts to improve indoor air quality in Atlanta and beyond. They encourage everyone to read the latest blog post and take steps to protect their home and health as pollen and mold levels continue to rise.

For more information about the company?s services or to schedule indoor air testing, visit the company website.

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Air Allergen & Mold Testing

Air Allergen & Mold Testing provides comprehensive indoor air quality and mold testing services throughout the South East.

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