



## **Kovacs Chiropractic Expands Functional Medicine Services in Rapid City for Holistic Health Revolution**

*May 21, 2025*

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Kovacs Chiropractic has announced it is expanding its functional medicine services in Rapid City, South Dakota. With over 20 years of experience, Dr. Thomas Kovacs Jr. continues to lead the way in holistic health and wellness. By blending different medical practices, the clinic aims to address the root causes of health issues, putting functional medicine at the forefront of its offerings.

Functional medicine at Kovacs Chiropractic sees the body as an interconnected system. Unlike traditional methods that often just treat symptoms, this approach digs into the underlying causes of health problems. Each patient gets a unique plan that takes into account their genetics, lifestyle, and environment. This custom care model includes treatments like nutrition guidance, certified acupuncture, and thought field therapy.

Dr. Thomas Kovacs Jr. says, "Our main goal is to give patients a deeper look into their health. We go beyond surface-level symptoms to find out what's really causing them. This means we can create more effective treatment plans that help with long-term health."

The clinic uses advanced lab tests to help pinpoint the root of health problems, especially digestive disorders like acid reflux and bloating. By using these tests, Kovacs Chiropractic creates personalized treatment plans. The combination of functional medicine and holistic coaching helps guide patients back to wellness. More details about these approaches and specific services can be found on their website.

Chiropractic care is also a key focus at Kovacs Chiropractic, with applied kinesiology helping tailor treatments further. This technique provides a more detailed and precise method for treating patients. Additional services like thought field therapy and stress reduction techniques are part of patient plans to ensure a complete healing process.

Beyond just functional medicine, Kovacs Chiropractic offers a variety of services that meet a wide range of health needs. By focusing on overall well-being, these services are aimed at helping patients keep a healthy balance in their lives. Personalized coaching means individuals have support from their first consultation through ongoing sessions, reinforcing their path to better health.

Kovacs Chiropractic's commitment to great service is clear from the feedback they get from the community. A five-star review of Kovacs Chiropractic showcases patient satisfaction, highlighting the quality and effectiveness of their care. Dr. Kovacs Jr. says, "Patient feedback is invaluable. These testimonials encourage us to continually improve our services to meet the health needs of our community."

For new patients, the clinic offers a simple three-step process: booking a discovery call, engaging in the personalized healing process, and reaching improved health and wellness.

To make sure everyone has access to quality care, the clinic provides consultation services and has flexible hours. Operating on Monday, Wednesday, Thursday, and Saturday, the practice works with a range of schedules, making it easier for patients to focus on their health.

As the services at Kovacs Chiropractic grow, Dr. Kovacs Jr. and his team remain committed to patient-centered care. By focusing on functional medicine and holistic healing, they work to improve each patient's quality of life.

Patients and those interested can learn more about the functional medicine services at Kovacs Chiropractic and how it can help with health concerns by checking out their website. Testimonials, like a Five star review of Kovacs Chiropractic, highlight the trust and satisfaction felt by the community in Rapid City, South Dakota, with the dedicated care offered by the clinic.

For further information about their range of services or to book a consultation, visit Kovacs Chiropractic's website.

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For more information about Kovacs Chiropractic PC, contact the company here: Kovacs Chiropractic & Functional Medicine Dr Thomas Kovacs Jr., DC (605) 503-6155 [kovacschiropractic@gmail.com](mailto:kovacschiropractic@gmail.com) Kovacs Chiropractic 2101 Mount Rushmore Rd Suite 200 Rapid City, SD 57701

## **Kovacs Chiropractic PC**

*Kovacs Chiropractic in Rapid City, SD offers expert chiropractic care, functional medicine, and holistic health solutions for stress, digestion, weight loss and wellness. Discover natural treatments tailored to you. Book your consultation today!*

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