Fort Worth Medical Spa Introduces ShapeScale 3D Body Scanning for Weight Loss and Body Contouring

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Fort Worth, TX?Emily J. Kirby, MD and the team at Kalos Medical Spa are now offering ShapeScale, a 3D body scanner that tracks weight loss and body contouring progress from every angle, providing measurable insight into fat loss, body composition, and overall contour changes. With this new technology, patients pursuing plastic surgery procedures or GLP-1 weight loss injections can now track their body?s transformation much more accurately.

?Transformation is not always obvious on the scale, especially early on in a weight loss journey or immediately after a body contouring procedure,? said Dr. Kirby, a board-certified plastic surgeon and founder of Kalos Medical Spa and Kirby Plastic Surgery. ?ShapeScale gives our patients the ability to see where their bodies are changing and celebrate milestones they might otherwise miss if they are using a traditional scale to determine progress.?

Unlike traditional scales or tape measurements, ShapeScale captures a photorealistic 3D model of the entire body. As the patient stands on the ShapeScale platform, a 360-degree camera produces a full-body scan that provides detailed measurements with millimetric precision and visualizations with points of circumferential

measurements or a heatmap of body composition changes over time. This high-resolution 3D avatar reflects subtle shifts in size, shape, and contour with each scan.

The body scan takes about one minute and requires no special preparation. Once complete, the results are reviewed with the patient in-office and the scan is uploaded to a secure platform where patients can view and compare their results through a personal app.

?We see ShapeScale as a game-changer for monitoring progress with longer-term treatments or surgeries; it bridges the gap between how you feel and what you can see happening,? Dr. Kirby commented. ?This kind of visual feedback is invaluable for staying motivated and seeing the real impact of your investment in yourself.?

At Kalos Medical Spa and Kirby Plastic Surgery, ShapeScale is incorporated into care plans at no extra charge for a wide range of patients. For those using GLP-1 weight loss injections, ShapeScale helps document how the body responds to the medication beyond the number of pounds lost. Rather, it provides insight into where fat is being reduced and whether muscle is being preserved within a few percentage points of a DEXA scan, but without the radiation exposure, giving patients a clearer picture of their overall body composition. This information helps Dr. Kirby and her team fine-tune each patient?s treatment plan and support long-term success.

Patients undergoing body contouring surgery, such as tummy tucks, mommy makeovers, or liposuction, benefit significantly from seeing the full arc of their transformation, which may include changes in body shape and proportion, reduction in swelling, and subtle improvements that occur in the weeks and months after surgery. In a medical setting where patients often wonder if progress is ?normal,? ShapeScale offers reassurance and can support communication between the patient and their care team.

Dr. Kirby explained, ?There is nothing more exciting than showing one of our patients their side-by-side scan from before their treatment to several months after. ShapeScale captures the transformation in a way that reinforces their decision, helps them feel proud of what they have accomplished, and encourages them to stay motivated?whether they are prioritizing weight loss or taking care of themselves after surgery. It?s one more way we support our patients through every step of their journey.?

With this new technology, Dr. Kirby and her team continue to provide cutting-edge, science-backed aesthetic services in a warm, patient-focused environment at the Fort Worth plastic surgery center and medical spa. Those interested in learning more are invited to call or text (817) 292-4200 or visit https://www.kalosmedicalspa.com. Kalos Medical Spa is located within Kirby Plastic Surgery at 5075

Edwards Ranch Rd, Fort Worth, TX 76109.

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Kalos Medical Spa

Kalos Medical Spa?s aesthetic specialists offer non-surgical treatments, including Botox® and dermal filler, in a spa-like setting. Kalos is overseen by Board Certified Plastic Surgeon Dr. Emily Kirby and located within Kirby Plastic Surgery.

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