Tersigni Vision Addresses LASIK Eligibility for Diabetic Patients, Offering Clarity on a Common Concern

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As advancements in laser eye surgery continue to expand access to vision correction, individuals with diabetes often wonder if they, too, can benefit from procedures like LASIK. Historically, diabetes was considered a contraindication for LASIK due to concerns about healing complications and vision stability. However, with improvements in technology and a greater understanding of how diabetes affects the eyes, many diabetics may now be eligible for LASIK?provided they meet specific criteria. Tersigni Vision, a leader in refractive surgery, is addressing these concerns in a newly published article, "Can I Get LASIK If I Have Diabetes?" This comprehensive resource provides clarity on how diabetes impacts LASIK candidacy, what risks diabetic patients should consider, and why personalized consultations are essential in determining eligibility.

Diabetes affects the body's ability to regulate blood sugar, which can influence numerous aspects of eye health. Fluctuating glucose levels may cause temporary changes in vision, impacting the accuracy of pre-surgical measurements and the long-term success of LASIK. Additionally, diabetics often experience slower wound healing, which raises concerns about post-surgical recovery. These factors once led ophthalmologists to hesitate in recommending LASIK for diabetic patients. However, research and clinical

experience have demonstrated that individuals with well-controlled diabetes and stable eye health may be able to undergo LASIK safely and with excellent results.

Tersigni Vision emphasizes that eligibility for LASIK among diabetics is not a simple yes-or-no answer. Instead, several critical factors must be evaluated to determine whether the procedure is a safe and effective option. One of the most important considerations is blood sugar control. Patients with a history of stable glucose levels, supported by consistent HbA1c readings, are more likely to experience predictable healing and long-term visual stability. Those who struggle with frequent fluctuations may face an increased risk of vision changes post-surgery. Additionally, overall eye health plays a crucial role. Individuals with conditions such as diabetic retinopathy, glaucoma, or advanced cataracts may not be candidates for LASIK until these issues are addressed.

The article also highlights the importance of a thorough pre-operative evaluation, during which Dr. Tersigni and his team assess each patient?s unique medical and ocular history. This process ensures that any underlying conditions are identified before determining candidacy. Patients with mild or no diabetic eye disease, stable blood sugar levels, and no systemic complications affecting their ability to heal may be eligible for LASIK, allowing them to experience the benefits of clear vision without glasses or contact lenses.

While LASIK remains a safe and effective option for many, diabetic patients should also be aware of potential risks associated with the procedure. The body's healing response is a key concern, as slower recovery can increase the chances of complications such as infections or prolonged dry eye symptoms. Additionally, diabetic patients using steroid eye drops during recovery must be mindful of temporary blood sugar elevations. Vision stability is another consideration, as fluctuations in glucose levels can impact long-term refractive outcomes. However, studies have shown that well-managed diabetics with stable vision and good corneal health experience LASIK results comparable to those without diabetes.

One of the most common questions among diabetic patients considering LASIK is whether the procedure can correct refractive errors such as myopia and astigmatism. The answer is yes?provided that all eligibility criteria are met. Tersigni Vision?s article clarifies that LASIK reshapes the cornea to improve vision and does not interfere with a patient?s ability to manage their diabetes. However, the key to long-term success lies in maintaining stable blood sugar levels before and after surgery, as significant fluctuations can impact visual clarity. Diabetic patients who have successfully used corrective lenses for years may find that LASIK provides the same, if not better, visual outcomes with the added benefit of no longer relying on glasses or contacts.

Dr. Tersigni and his team at Tersigni Vision recognize the importance of patient education when considering LASIK. This is why the article serves as more than just a guide?it is a resource designed to answer the most pressing questions while emphasizing the necessity of a personalized approach. Every patient?s case is unique, and determining whether LASIK is a suitable option requires a consultation with an experienced

refractive surgeon. By evaluating a patient?s blood sugar control, eye health, and overall medical stability, Tersigni Vision ensures that only those who can safely benefit from LASIK are recommended for the procedure.

The growing accessibility of refractive surgery for diabetic patients marks a significant step forward in vision correction. While not all diabetics will qualify, many can now consider LASIK as a viable option thanks to continued advancements in ophthalmology. As the medical community gains a deeper understanding of how diabetes interacts with ocular health, the potential for more patients to safely undergo LASIK continues to expand.

Tersigni Vision encourages individuals with diabetes who are considering LASIK to schedule a consultation to discuss their options. By working closely with both their diabetes care team and an experienced LASIK surgeon, patients can make informed decisions about their vision correction journey. The full article, "Can I Get LASIK If I Have Diabetes?" is available now on the Tersigni Vision website.

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Tersigni Vision

A Modern LASIK and Vision Correction Boutique in Portland. Oregon. Tersigni Vision is the only vision correction center in Oregon to offer the entire portfolio of modern LASIK alternatives.

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