



## **Clareo Plastic Surgery Reinforces Its Leadership in Boston's Liposuction Space with Safe, Effective Techniques**

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Boston, MA ? Clareo Plastic Surgery continues to set the standard for liposuction in Boston by offering carefully refined techniques that prioritize safety, precision, and natural results. As liposuction remains one of the most popular cosmetic procedures, Clareo?s approach stands out by combining advanced technology with a patient-centered focus designed to meet individual needs.

Liposuction targets areas of stubborn fat that don?t respond to diet or exercise, sculpting the body?s contours for a smoother, more balanced appearance. Clareo?s practice incorporates ultrasound-guided liposuction, a technique that allows surgeons to see fat layers beneath the skin in real time. This visibility helps minimize tissue trauma and improve the accuracy of fat removal. Patients often benefit from less swelling and quicker recoveries, with results that better match their body?s natural shape.

Adding to its expertise, Clareo Plastic Surgery is the only office in Boston that offers ultrasound-guided fat transfer to muscle. This method places fat just above muscle tissue to enhance volume and definition in key areas like the arms, calves, or buttocks. Unlike standard fat grafting, this targeted transfer creates a subtle

but athletic look, which is ideal for patients seeking a refined, natural enhancement rather than a noticeable change.

Clareo's surgeons ? Dr. Michael Tantilo and Dr. Chris Lee ? are board-certified professionals with extensive experience in both traditional and advanced liposculpture techniques. High-definition liposculpture, sometimes called hi-def, highlights muscle tone and creates athletic contours. This approach goes beyond simple fat removal by focusing on sculpting the body's natural lines and curves. Patients considering this procedure should understand that it involves a more detailed sculpting process and recovery that supports the new shape as it settles.

Safety protocols at Clareo are rigorous as well. Every patient undergoes a comprehensive consultation where medical history, goals, and expectations are reviewed to design a tailored treatment plan. Preoperative preparation and postoperative care follow evidence-based guidelines to support healing and reduce risks. Patients are guided through recovery with clear instructions on activity levels, swelling management, and realistic timelines. Recovery can vary by procedure, but most liposuction patients return to light activity within days, with full results visible after several weeks.

In addition to liposuction, Clareo Plastic Surgery offers complementary body contouring options to address related concerns such as loose skin or volume loss. Procedures like tummy tucks, body lifts, and skin tightening treatments provide a holistic approach to reshaping and rejuvenating the body. These options are especially valuable for patients who need more comprehensive contouring beyond fat removal, often after significant weight loss or pregnancy.

For patients preferring less invasive options, Clareo provides laser-assisted liposuction and other energy-based treatments. These can reduce fat with smaller incisions and shorter downtime, but are limited in the amount of fat removed compared to surgical liposuction. Clear communication about these differences helps patients set appropriate expectations and choose the right treatment for their goals and lifestyle.

Patient education is a cornerstone of Clareo's care philosophy. From the initial consultation to follow-up visits, patients receive straightforward information about procedure details, recovery expectations, and potential risks. This transparency helps build trust and ensures patients make informed decisions about their care. The practice also emphasizes the importance of choosing board-certified surgeons, whose training and experience directly impact safety and outcomes.

As one of the top providers of liposuction in Boston, Clareo serves a broad range of patients, from residents seeking routine enhancements to out-of-town clients pursuing specialized procedures. The practice balances medical expertise with a warm, approachable atmosphere where patients feel heard and supported. This combination of technical skill and genuine care contributes to Clareo's reputation as a trusted leader in body

contouring.

As cosmetic techniques evolve, Clareo remains committed to continuous learning and technology adoption, ensuring patients have access to the latest, most effective options. The practice's focus on natural, lasting results and patient safety makes it a standout choice for anyone considering liposuction or body contouring in the Boston area.

To explore liposuction or related body sculpting options, scheduling a consultation with Clareo Plastic Surgery is the next step. Expert surgeons are ready to provide personalized guidance, helping each patient understand their choices and plan a treatment path tailored to their unique needs.

About Clareo:

Clareo specializes in a wide array of transformative procedures tailored to enhance your natural beauty. Whether it's a subtle refinement or a comprehensive makeover, their expert team is dedicated to delivering results that exceed expectations. Clareo is ready to help people's confidence shine.

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## Clareo Plastic Surgery

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