



Durham Recovery Center Expands Crucial Drug Recovery Program to Combat Rising Substance Abuse

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Carolina Recovery Center has expanded its drug recovery program in Durham, showing a strong commitment to tackle the rising challenges of substance abuse in the area. This expanded program offers a broad, evidence-based approach to addiction recovery, supporting individuals at different points in their path to sobriety. By focusing on opioid addiction, alcohol dependence, and various substance use disorders, the center aims to provide vital services in Durham NC, addressing the community's needs.

The drug recovery program at Carolina Recovery Center offers a variety of treatment options, including drug detoxification, inpatient rehabilitation, and intensive outpatient programs. Carolina Recovery is fully accredited and upholds the highest standards in addiction treatment. They provide specialized care for those facing both addiction and mental health challenges like depression, anxiety, or PTSD, acknowledging the complex connection between these issues. This variety ensures that everyone can receive the level of care that fits their personal situations and recovery goals.

Recent data shows a troubling increase in opioid overdoses and substance use disorders in Durham. In 2021 alone, there were more than 850 EMS calls for opioid overdoses and 185 deaths from overdoses between 2020 and 2021. The urgent need for effective addiction treatment is clear, and Carolina Recovery Center is responding by expanding its services and building stronger ties with local health agencies and community organizations.

"Our expanded drug recovery program in Durham shows our ongoing dedication to delivering quality addiction treatment to those who need it," said a representative from Durham Recovery Center. "By creating personalized treatment plans and employing holistic care strategies, we aim to create a supportive environment where individuals can recover and rebuild their lives."

A main feature of the program is the use of medication-assisted treatment (MAT), which uses pharmaceuticals alongside counseling and behavioral therapies. MAT helps manage withdrawal symptoms and cravings, supporting individuals on their road to recovery. For more details, individuals can explore the comprehensive addiction treatment services including detoxification programs available at Carolina Recovery Center. This approach is especially useful for those struggling with opioid addiction, a major concern locally.

To make treatment more accessible, Carolina Recovery Center offers a sliding fee scale based on income and accepts various insurance plans. This focus on affordability ensures that more people can take advantage of the center's comprehensive services without financial barriers.

The center's efforts go beyond just treatment, focusing also on relapse prevention and ongoing support. By incorporating these elements into the recovery process, Carolina Recovery Center aims to give individuals the tools they need to stay sober and lead fulfilling lives.

Additionally, the center offers both individual and group therapy sessions, creating a community where participants can share their experiences and learn from one another. Support groups, a key part of the program, provide a space for understanding and encouragement as individuals navigate the challenges of recovery.

"We are committed to helping individuals and families in Durham overcome the burdens of addiction," said a spokesperson for Durham Recovery Center. "Through strategic collaborations with local partners and evidence-based treatment methods, we work to reduce overdose deaths and promote a healthier community."

With offices in Durham, Fayetteville, and Raleigh, Carolina Recovery Center is positioned to make a

significant impact across North Carolina. As the demand for effective addiction treatment continues to rise, the center remains dedicated to providing life-changing services to those affected by substance abuse. They also offer free mutual support meetings for anyone seeking science-based, self-empowered addiction recovery. For more details on Carolina Recovery Center's services and its drug recovery program in Durham NC, individuals are encouraged to visit the center's official website.

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