European Institute of Plastic Surgery Expands Hand Surgery Services to Address Post-Fracture Recovery Across Cyprus

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Nicosia, Cyprus ? The European Institute of Plastic Surgery (EIPS) has expanded its surgical programme to include specialised procedures for patients recovering from broken or injured hands. This new development reflects the institute?s continuing commitment to offering advanced reconstructive solutions in Cyprus and providing critical care for individuals dealing with the long-term effects of hand fractures. The new services will be available in Limassol and will gradually be introduced to patients in Nicosia, Larnaca, and Paphos.

EIPS has built a strong reputation in Cyprus for delivering surgical precision and patient-focused care across a wide range of plastic and reconstructive disciplines. With this recent addition, EIPS addresses a growing medical need across the region for post-traumatic hand care. Hand fractures, whether caused by accidents, workplace injuries, or sports-related trauma, require not only timely diagnosis and treatment but often surgical intervention to restore function, dexterity, and quality of life fully.

The initiative is being led by Dr. Theodora Papavasiliou, whose expertise in hand and microsurgery provides a strong clinical foundation for the program. The surgical approach focuses on treating complex fractures that

have not healed properly and injuries that involve bone displacement, joint stiffness, and tendon or nerve damage. Through a combination of surgical correction and post-operative rehabilitation, the goal is to help patients regain full range of motion and functionality.

According to the institute, a significant number of patients throughout Cyprus are experiencing complications related to prior hand fractures, including chronic pain, reduced grip strength, and misalignment. Many individuals have not had access to specialised surgical care capable of addressing these complications. Introducing these services is expected to fill a critical gap in the country?s medical landscape.

A spokesperson for the European Institute of Plastic Surgery commented on the announcement: ?Recovery from a broken hand often extends well beyond the initial healing period. Many patients are left with functional limitations that can impact their everyday lives. By launching this new surgical service, the institute is addressing an underserved need while remaining focused on offering highly specialised, medically driven care.?

The European Institute of Plastic Surgery?s approach combines diagnostic imaging, surgical intervention, and coordinated aftercare, often suggesting physical therapy tailored to each patient?s injury and recovery goals. This multidisciplinary framework is essential in addressing the complexities of hand trauma, which involves small bones, intricate joint structures, and sensitive nerves. Procedures may include fracture realignment, internal fixation using pins or plates, or corrective surgery to resolve improperly healed breaks.

In the context of Cyprus?s healthcare system, where plastic surgery is often associated with cosmetic procedures, the expansion of reconstructive services at EIPS signals a shift toward more comprehensive surgical offerings. The institute emphasises that while many hand fractures heal with basic orthopaedic support, complex cases frequently require intervention from a surgical team with in-depth anatomical knowledge and microsurgical experience.

The spokesperson added, ?This new service aims to restore physical function and a sense of independence and wellbeing for patients. For someone whose job, hobbies, or daily tasks rely on hand mobility, proper surgical correction can make a significant difference in long-term quality of life.?

EIPS is actively coordinating with orthopaedic professionals, general practitioners, and emergency care providers to ensure appropriate referrals and timely intervention for cases requiring surgical care. By doing so, the institute seeks to streamline the patient journey from initial injury to full recovery, particularly in cases where healing has stalled or produced suboptimal outcomes.

Residents of Nicosia, Limassol, Malta and Athens will now have easier access to these services through scheduled consultations and satellite appointments. Expanding post-fracture hand surgery services to these

regions underlines the institute?s mission to decentralise access to high-quality surgical care and meet growing patient demand nationwide.

The European Institute of Plastic Surgery continues investing in human capital and medical infrastructure to support this expansion. From state-of-the-art operating theatres to specialised surgical tools and imaging technologies, the institute is equipped to manage complex procedures while upholding safety, efficiency, and precision in surgical outcomes.

As part of the rollout, EIPS will begin engaging with patients and referring physicians across Cyprus through informational campaigns and targeted outreach. These efforts will focus on raising awareness about the signs that a hand fracture may require surgical intervention, including persistent stiffness, asymmetry, or limited range of motion following conservative treatment.

With the addition of post-fracture hand surgery to its service offerings, EIPS reaffirms its role as a centre for surgical excellence in the region. Patients can expect a combination of clinical expertise, evidence-based care, and a multidisciplinary recovery plan tailored to each case. This expansion marks another step in the institute?s broader goal to bridge the gap between reconstructive needs and accessible, high-quality treatment in Cyprus.

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For more information about European Institute of Plastic Surgery, contact the company here:European Institute of Plastic SurgeryDemetris Stavrou+35722283130drstavrou@eips.com38 Klimentos St Nicosia, 1061, Cyprus

European Institute of Plastic Surgery

European Institute of Plastic Surgery (EIPS) is a plastic surgery clinic, led by the Plastic Surgeon Demetris Stavrou. Dr. Demetris Stavrou performs a wide range of plastic surgeries, from facials to body, breast & other skin treatments.

Website: https://eips.com/

Email: drstavrou@eips.com

Phone: +35722283130