



## **Clean Recovery Centers Showcases Their Sarasota Recovery Facility**

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Sarasota, FL ? Clean Recovery Centers is a local substance use rehab and mental health treatment facility that recently showcased a YouTube video highlighting their excellent accommodations. Their program has helped hundreds to get clean, live clean, and stay clean.

?Well, I can honestly say that if you want help and want to change, they are one of the best places I have ever been to. The way they approach addiction hands down i came in a mess and completed with a totally different mind set my domestication from up ring has been renewed into something so special that only God and through the information and work that these people to me were and will always be God sent give them a chance what?s the worst that can happen your life can change God bless all of you,? one reviewer mentions.

Clean Recovery Centers boasts a unique, three-phase approach to care that is unlike any in the area. For phase one, known as preparation, a medical detox and residential stay are the first steps. Clients who have been taking substances such as opioids or alcohol will go through detox comfortably and safely under the

care of medical professionals. While this phase does not happen at the Sarasota location, it is an important first part of the treatment process.

From there, clients will enter into the action phase, the second part of the process. The paths will look different for everyone as Clean Recovery Centers provides an individualized treatment for substance use disorders specifically and mental health as a primary diagnosis. Regardless of the care plan, the team at Clean guides each client through the process at their Sarasota location.

After phase two is complete, which takes around 3-4 weeks typically, clients transition into phase three, known as maintenance. This phase at Sarasota is designed to help transition clients back into their daily lives, continuing the progress made while also still learning. Clients are able to stay onsite in Sarasota at the Clean Recovery Centers sober-living housing, or they may return home and choose in-person or telehealth treatment. The facility in Sarasota provides both basic needs and desirable amenities for comfort and support.

?Clean Recovery absolutely saved me from myself! I'll be forever grateful! The staff truly cares for those of us who really want the help. I have to give a shot out to a couple of specific staff members, Andy Kowalick, Ms. Varncil. Davian, Steve, Taylor, and Ms. Antoinette! They go above and beyond for people, and I have the utmost respect for them and all of the staff! I also want to thank the director Neal at the Bradenton location where I did my residential treatment, as well as Jay who was my therapist at the Bradenton location, he is sooo awesome! Thank you to all the staff at Clean Recovery Centers!! #Lifesavers,? another reviewer states.

Clean Recovery Centers is a leading provider of both addiction and mental health treatment options. Each location, including Sarasota, has certified housing by the Florida Association for Recovery Residences (FARR). Besides high-quality accommodations, their staff is diverse and full of well-renowned experts in both fields. They offer rapid resolution therapy (RRT) for addressing past traumas and navigating the future through coping.

To learn more about Clean Recovery Centers, please call (888) 330-2532 or visit their website.

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For more information about Clean Recovery Centers - Sarasota, contact the company here:Clean Recovery Centers - SarasotaTerri Boyer(727) 766-0503info@cleanrecoverycenters.com6000 Deacon PISarasota FL 34238

**Clean Recovery Centers - Sarasota**

*In Sarasota, we specialize in phase two of the Clean Recovery Centers' three-phase treatment. Co-occurring mental health conditions are common for those with substance use disorder. In this phase, called action,*

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